



Services available within the partner groups

-  Drop-in centre.
-  Community and Recreational projects.
-  Social Inclusion projects such as respite, classes, luncheon clubs etc.
-  Befriending and Morning SEFF calling.
-  Family & Youth Orientated Projects.
-  The Switch Project - Welfare advice and Appeals/Tribunal representation.
-  Complementary Therapies & Physiotherapy.
-  Bereavement Support Groups.
-  Counselling.
-  AFIV - Advocacy for those who seek justice, truth & accountability around injustices experienced by them/their family.
-  Remembrance Themed Projects.
-  Newsletter, Facebook page, Website.

HOW TO ACCESS THE SERVICE

Access to our Health and Wellbeing Caseworker service is available to members of SEFF and our partner groups

South East Fermanagh Foundation

Inclusive of SEFF's:

South Armagh Gateway Service (Bessbrook)
West Tyrone Gateway Service (Newtownstewart) South
Down Gateway Service (Rathfriland)
Great Britain Support Service (London)

1 Manderwood Park, 1 Nutfield Rd,
Lisnaskea, BT92 0FP
Tel No: 028 677 23884 Lisnaskea.
www.seff.org.uk



South and East Tyrone Welfare Support Group

Tel No: 028 877 26152 Moygashel.



Mid Ulster Victims Empowerment Project

Tel No: 028 867 63349 Cookstown.



Out Of The Shadows

Tel No: 028 388 79679 Richhill.



County Armagh Phoenix Group

Tel No: 028 375 27802 Armagh.



Wounded Police and Families Association

Tel No: 07713586871



HOW TO GET IN TOUCH

Esther Hurst

(Western Trust Region & Clogher Valley District)
Based in SEFF, Lisnaskea, Newtownstewart &
Republic of Ireland Outreach
E-mail: esther.hurst@seff.org.uk

Doreen Mullan

(Southern Trust Region & Cookstown District)
Based in MUVE, SaETWS, Out of the Shadows,
CAPG and outreach to WPFA
E-mail: doreen.mullan@seff.org.uk
Mobile: 07860850015

Gina Aujla

(Great Britain - LIVES Project)
Based at 18 Hanway Street, Fitzrovia, London
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CLASP
Connecting Lives
&
Supporting People



@SEFFLisnaskea



SEFF Community
SEFF Victims & Survivors

THE CLASP PROJECT

Most of us know when we feel good and are mentally and physically well, but on occasion we all will need extra support.

If you are a member of SEFF or any of our partner groups you can access our health & wellbeing service. Our health and wellbeing case workers will then guide you through the following pathway.

GETTING SUPPORT

We can arrange to meet you and have a chat around your individual needs.

We can discuss any existing services or support that may be available to you. This process will be led by you with our guidance and support, with a goal to improving your health and wellbeing.

From this we will be able to signpost you towards services offered by the partner groups or a number of other organisations, which we work with, to deliver a range of services and support to meet your needs.

“MY LIFE IS MINE AND I WILL LIVE IT”



Our Health and Wellbeing Service wants to support you in living your life to the fullest.



We aim to help improve the overall physical and mental health & emotional well-being of victims and survivors and their families.



We will reach out to innocent victims and survivors of Terrorism and ‘other Troubles related criminal violence’, to help those in most need.



We wish to support victims/survivors to progress learning and personal development opportunities.

Some Health & Wellbeing issues may be identified which necessitate a recommendation through Victims & Survivor Service, (VSS) Individual Needs Frameworks.

This process will be facilitated through a number of supportive consultations which may include funding to support the identified needs. Each individual case will be submitted for assessment by a Health and Wellbeing manager.

Support Available under Additional Needs Frameworks		
Framework	Support available*	Key eligibility criteria
Disability Aids	Support towards the cost of disability aids.	Individuals who have been physically injured as a result of a Troubles-related incident, and meet the definition of a chronically sick/injured person under the Chronically Sick and Disabled Persons (Northern Ireland) Act 1978.
Persistent Pain Management	Support towards the cost of physical therapies (physio, complementary therapies) and/or home heating, specifically to manage persistent pain.	Individuals who have been physically and/or psychologically injured as a result of a specific Troubles-related incident and have been experiencing and reporting persistent pain as a consequence.
Psychological Therapies	Support towards the cost of psychological therapies.	Individuals who have been psychologically injured as a result of a Troubles-related incident and are unable to engage with psychological therapies funded by VSS or other community, voluntary and statutory providers.
Education & Training	Support towards the cost of training / education courses that provide a pathway to employment or improved employment opportunities.	Individuals whose education and development opportunities have been impacted by a Troubles-related incident(s).
	Support to access One-to-One Literacy and Numeracy Tutoring	
Trauma-Focused Physical Activity	Support towards the cost of accessing physical activities, and of relevant supporting resources, as recommended by a practitioner with whom you are engaged in a therapeutic process.	Individuals who have been physically and/or psychologically injured as a result of a specific Troubles-related incident, and are currently engaged in a therapeutic process with a registered practitioner who recommends specific physical activity to aid their engagement and support their management of symptoms.
Volunteering	Support towards the cost of resources required to enable access to/support specific volunteering activities demonstrated to benefit health and wellbeing, and that are not being supported by any other means. Requested items/costs will be considered on a case-by-case basis.	Individuals whose social and developmental opportunities have been limited as a result of specific Troubles related incidents, who are currently engaged in volunteering activities within a VSS funded organisation or who wish to explore other relevant volunteering opportunities.
Social Isolation (Phase 1)	Support towards the cost of recreational or community classes.	Individuals who have been physically and/or psychologically injured as a result of a specific Troubles-related incident and who are feeling lonely and are living in isolation.
Social Isolation (Phase 2)	Support towards the cost of Social Mobility Aids.	Social Mobility Enhancing Aids are accessible to Victims and survivors over the age of 65* who have been psychologically injured and/ or bereaved as a result of a specific Troubles/ Conflict related incident and meet the definition of a chronically sick/injured person under the Chronically Sick and Disabled Persons (Northern Ireland) Act 1978* as per 1.4 Disabled Persons (NI) Act 1989.

*** To avail of support under these frameworks a victim/survivor must be over the age of 18.**