



**SEFF**  
SOUTH EAST FERMANAGH  
FOUNDATION

# NEWSLETTER



The Queen's Award  
for Voluntary Service

**Sept 2019**

Supporting Victims and Survivors, Strengthening Communities

Dear Members,

We're now entering a very busy period as we approach the period of Remembrance, a time which is at the heart of why SEFF exists.

We strongly encourage members to support the array of events which are being held over the next six weeks including our annual service of Remembrance and Thanksgiving taking place this year in Pettigo Church of Ireland. David Kelly will share his testimony (son of Pte Paddy Kelly, the sole member of the Irish Army murdered over the course of the terrorist campaign)

We also welcome Iona Gallagher on-board who has taken on the role of GB Advocacy Support Worker and within the next two weeks we hope to have recruited Advocacy support workers for the Northern and Eastern sub Region and also, the Western Region.

Within next month's Newsletter we will be featuring details of a series of meetings happening over the coming days including with Alastair Hurd MP (Minister of State for Northern Ireland)

Kenny



SEFF Community  
SEFF Victims and  
Survivors

**SEFF September  
Monthly  
Member's  
Meeting  
will be  
Wednesday  
25th September  
2019 at 7.30pm  
in SEFF Offices,  
Lisnaskea.**

*SEFF's Remembrance & Thanksgiving Service  
Sunday 6th October 2019 at 3pm  
In Church of Ireland, Pettigo.*

*With Rev. Charles Eames & Rev Ngozi Njoku*

*The service will include the  
dedication of additional patches on the  
Terrorism Knows No Borders  
Memorial Quilt honouring innocent victims  
of terrorism murdered in Northern Ireland,  
Republic of Ireland  
and Great Britain.*



*Light refreshments will be served afterwards within the Church.*

*We call upon the SEFF Membership to get behind this initiative and bring your sons/daughters and grandchildren - help make this a community and family service.*

**Parking at SEFF,  
Lisnaskea**

If attending a day or overnight respite and you are parking within Manderwood Estate (where SEFF is based) then please ensure that you park a minimum of **8 car parking places beyond** the SEFF entry tunnel either side.

It is important that the area in front of the SEFF tunnel is kept free and available for those

coming to the office throughout the day to have access

## Upcoming Cultural Seminars & Guest Speakers

| DATE   | VENUE  | SPEAKER  |
|--|--|--|
| <b>Wed 25th September 2019 7.30pm</b>        | SEFF Offices, Lisnaskea  | We will show extracts of a new victim/survivor DVD Production on the night   |
| <b>Sunday 6th October 2019 @ 3pm</b>         | Church Of Ireland, Pettigo                                       | SEFF Annual Service of Remembrance With Rev's Charles Eames & Ngozi Njoku  |
| <b>Wednesday 9th October 2019 @ 7.30pm</b>   | SEFF Offices, Lisnaskea  | Youth Development Officer within the Grand Orange Lodge of Ireland - Gary McAllister   |
| <b>Wednesday 23rd October 2019 @7pm</b>      | Archdale Hall, Lisnaskea   | SEFF AGM meeting. Guest Speaker TBC  |
| <b>Monday 11th November 2019 @ 10.45am</b>   | SEFF Memorial in the grounds of the Church of Ireland, Lisnaskea | The November Cultural Seminar will be linked in with SEFF's Annual Act of Remembrance. Afterwards we invite people back to the office for refreshments & a number of innocent victims/survivors will give their testimony. |
| <b>Wednesday 11th December 2019 @ 7.30pm</b> | SEFF Offices, Lisnaskea  | Chairman of the RUCGC - Mr Stephen White will be present to speak on issues concerning the RUC & legacy related matters.   |



### Complementary Therapies

We are now taking names for Q3 of this funding year 2019/2020 covering the **Nov - Dec 2019 period.**

**The treatments on offer are as follows (5 sessions) of:**

- Massage, Reflexology** (Therapist: Sandra Johnston)
- Aromatherapy** (Therapist: Gordon Hayhurst)
- **Reflexology** (Therapist: Gillian Johnston)
- **Physiotherapy** (Therapist: Nicola McCullagh-Daley) \*\*

\*\*Due to restricted funding for physiotherapy sessions through SEFF, a decision has been made that anyone who wishes to avail of this service must first complete an Individual Needs Consultation with a Health and Wellbeing Caseworker within SEFF.

We have a duty to direct resources to those most in need. The INC will allow us to assess options for the individual whereby we will try our best to ensure support is possible through our own internal resources, the Victims and Survivors Service support frameworks or external avenues.

- **Indian Head Massage** (Therapist: Gordon Hayhurst)
- **Hopi Ear Candle Therapy** (Therapist: Ruth Watson)
- **Health Kinesiology** (Therapist: Marilyn Robinson)

Please contact the office to register your interest on 028 677 23884.

**£25 contribution for 5 sessions -**

**\*\*WHEN TAKING UP ANY OF THESE SESSIONS YOU ARE REQUIRED TO COMPLETE THE MONITORING FORMS AND PAY THE MONIES BEFORE SESSIONS COMMENCE, OTHERWISE YOU WILL NOT BE ABLE TO AVAIL OF THESE TREATMENTS.**

The SEFF Office is open Monday -Friday, 9am - 5pm for general office business

If you require support or help with completing DHSS or other Welfare forms

**Tina/Norman**

will be available to assist with this service. As much as is possible, Tina will be in the office on **Tuesdays**

from **10am - 5pm.**

However, if you require help outside these

times, please contact the office, leave your name and number and someone will contact

you to arrange a suitable time.

Remember Norman Kirkpatrick is also

now available to assist you with

Appeals/Tribunal Representation work.

**SEFF**

**1 Manderwood Park,**

**1 Nutfield Road,**

**Lisnaskea**

**Co Fermanagh**

**BT92 0FP**

**Phone:**

**028 677 23884/**

**E-mail:**

**info@seff.org.uk**

**Website:**

**www.seff.org.uk**

## ACTIVITIES & RESPITES

### FESTIVAL OF REMEMBRANCE 2019

**Saturday 2nd November 2019**

Bus departs from SEFF at 2pm,  
pick ups on route.

Stopping for a 2 course meal at the Tan-  
nery, Moira.

Attending the Royal British Legion Festival  
of Remembrance in the Waterfront Hall.  
Cost is £25 per person - includes transport,  
meal and ticket to the festival of remem-  
brance.

If interested in attending please phone the  
office on 028677 23884 to **register your in-  
terest by 5pm on Friday 18th October  
2019.**



**Lifeline**

**Lifeline** is the Northern Ireland crisis response helpline service for people who are experiencing distress or despair. No matter what your age or where you live in N. Ireland, if you are or someone you know is in distress or despair, **Lifeline** is here to help.

People living in Northern Ireland can call **Lifeline** on 0808 808 8000. Deaf and hard of hearing Textphone users can call **Lifeline** on 18001 0808 808 8000. Calls to **Lifeline** are free to people living in NI who are calling from UK landlines and mobiles.

**Lifeline** counsellors are available 24 hours a day, seven days a week to listen and help, in confidence.

**Lifeline** counsellors are experienced in working with trauma, suicide, self-harm, abuse, depression and anxiety. You will receive immediate help on the phone. Should you need further support we can provide a face-to-face counselling appointment in your local area within seven days.

**Lifeline** also provides support and guidance to families and carers, concerned friends, professionals, teachers, youth workers, clergy and communities. Remember, **Lifeline** is available 24 hours a day, seven days a week. Just call.

**Call Lifeline on:  
0808 808 8000**

The **Lifeline** helpline is funded by the Department of Health.

**Deaf and hard of hearing  
Textphone users:  
18001 0808 808 8000**

 

SEFF's Community  
HALLOWEEN Festival

**Tuesday 29<sup>th</sup> October 2019**  
**Archdale Hall, Lisnaskea**  
**From 6.30pm**

Lots of Halloween themed activities including:

- fancy dress theme (with prizes)
- bouncy castle
- face painting
- magician
- BBQ & much more.

Come along and join in the fun.

For further information, please phone the office on 028677 23884.

 

# AGM

**SEFF's Annual General Meeting  
will take place on  
Wednesday 23rd October 2019 at 7pm in  
The Archdale Hall, Lisnaskea**

7pm - 8.30pm - Annual General Meeting  
(Guest Speaker TBC)

8.30pm - 9.15pm - Supper

9.15pm - 10.30pm - Entertainment

**We request that you would make an  
extra effort to attend this meeting and sup-  
port the work of the organisation.**

## Upcoming Classes & Courses

### Yoga- 6 week course



Tuesday 22nd

October 2019

7-8.30pm

SEFF Offices, Lisnaskea

Cost is £20/person

If interested in attending  
please contact the office

on 028 677 23884 to register  
your interest.



### Armchair Exercises

Thursday 10th  
October 2019

11-12pm

SEFF Offices, Lisnaskea

If interested in attending please con-  
tact the office on 028 677 23884  
to register your interest.

## BEFRIENDING September 2019 Update

Hi All,

Just a few dates for your diary this month of upcoming Coffee Mornings:

### SEFF's Annual Macmillan Coffee Morning

**Thursday 3rd October 2019** - Macmillan Biggest Coffee Morning and Cake Sale. We usually get a good attendance and raise hundreds of pounds for this extremely worthwhile charity so please come along and if you are a baker then feel free to bring a contribution to the cake sale.



Also on **Thursday 21st November 2019 at 10.30am** we will have Joan Clements, Project Director of Brooke House along to give an overview of the project, it's aims & objectives and those who can avail.

Please do come along and support the above events.

Regards,

The Befriending Team



## MORNING SEFF CALLING SERVICE UPDATE

The service continues to develop with further members requesting the support. We are also hoping to commence services from Newtown Stewart and Rathfriland in due course.



We would like to appeal to our members: Could you or someone known to you spare a few hours on a weekly basis, to give someone who is lonely or isolated a phone call just to let them know they have not been forgotten and at **Morning SEFF Calling** we care?

Please call the SEFF office on: 028 677 23884 if interested in receiving the service or if you wish to volunteer your time at any of the outreach offices where we aim to provide the service from.

**Ann and Rita (MSC)**



South East Fermanagh Foundation (SEFF) in collaboration with: Fermanagh Sports and Cultural Awareness Association (FCSAA) & Carrosyl Community Association (CCA)

## *A future enriched by our past history*

Please find the dates below for our Autumn run of Music workshops on our Good Relations project! If you would like to register for a series of fun evenings with Matthew Warwick from the Ulster Scots Society exploring cultural differences in music as part of our intergenerational project, please contact Carrie on 07395 790079 or drop an email to [carrie.benn@seff.org.uk](mailto:carrie.benn@seff.org.uk). All sessions will take place from 5.30pm to 8pm at the SEFF Offices but places are on a first come first serve basis - hot food and refreshments will be available for all participants.

Wednesday 25th September 2019 (5.30pm - 8pm)

Wednesday 2nd October 2019 (5.30pm - 8pm)

Wednesday 9th October 2019 (5.30pm - 8pm)

**Contact our Good Relations officer Carrie Benn at the SEFF offices for more information:**

**M: 07395 790 079 | 028 677 23884 | [carrie.benn@seff.org.uk](mailto:carrie.benn@seff.org.uk)**

**Unit 1 Manderwood Park, 1 Nutfield Road, Lisnaskea, Co. Fermanagh**

Good Relations Project supporting youth and older people across County Fermanagh to engage with cultural based activities in an effort to build understanding and mutual respect; a South East Fermanagh Foundation (SEFF) project in collaboration with Fermanagh Sports and Cultural Awareness Association (FSCAA) and Carrosyl Community Association (CAA).

### **Message from Kenny**

This Project seeks to build upon the work previously undertaken involving SEFF and Carrosyl Youth and Older people. SEFF is committed to working across the community in a common effort to explore culture and diversity.

We encourage those of you who previously attended these activities to come along to these upcoming sessions. If unable to attend on the 25th September then be sure to come on Wednesday 2nd October 2019 instead.

Please contact the SEFF office at any time to put your name down for the session or to ask any further questions you may have.

## **SEFF's South Down Gateway Service**

SEFF continues to offer a diverse programme of support within the South Down area through its' Gateway service delivered from Rathfriland. Victims and survivors have access to advocacy, complementary therapies and health and well-being casework support services with personnel able to see you within the Rathfriland office. And just recently we have recruited a Counsellor (Anna Waterworth) who is available NOW to deliver the service from the Rathfriland office. Meanwhile we are in the midst of recruiting a Welfare/Benefits Advisor who will be facilitating the needs of local people.

Our last monthly meeting saw our Advocacy Service provide a presentation on the role and remit of the service (Pete Murtagh and Alan Lewis facilitated the session)

Monday 21st October 2019 (PSNI's Legacy Investigations Branch with its' two senior personnel - D/Superintendent Wright and D/Chief Superintendent Singleton) This is the current body/section investigating 'Troubles related' murders/deaths.

Wednesday 6th November 2019 (Act of Remembrance Service) A minibus will be run from Lisnaskea, Fermanagh (those interested in going should contact the SEFF office. Bus will leave at 5.30pm)

Complementary Therapies starting Friday 4th October 2019 and running for 5 consecutive weekly sessions (10am, 11am, 12pm, 2pm, 3pm, 4.30pm and 5.30pm Appts) Cost - £25 contribution for the full 5 sessions. A second set of therapies will also run post Christmas so if interested in availing please phone the office on 028677 23884.

Cookery classes starting Saturday 5th October 2019 (10.30am - 12.30pm) and will run for **4 weekly sessions- please note change from 6 week course.** Cost £15 for the full course. **Please contact SEFF offices on 028 677 23884 if interested in any of these services/activities.**

**We encourage existing members to spread the word on the work of the Outreach service, let's reach more people.**

## **SEFF's West Tyrone Gateway Service**

We remind members that SEFF delivers the following services from the Newtown Stewart office; Advocacy, Benefits/Welfare Advice and Appeals Representation, Counselling, Complementary Therapies and Health and Wellbeing Caseworker's service. The office is now manned 5 days per week. Please contact us on: 028 677 23884 for further information.



Complementary Therapies are scheduled to commence on Friday 8th November 2019, the current resource we have for 2019/2020 will be allocated to those who have expressed an interest to date. If we receive any additional resources towards therapies we will re-advertise at which point we will take further expressions of interest.

On **Tuesday 15th October 2019 at 10.30am** in the West Tyrone Gateway Office we are holding an initial meeting with all the crafters to discuss the development of a Memorial Quilt for the Castlederg and District area (a second quilt will then be produced for the wider West Tyrone area at a later stage). Please do come along to this meeting if you are interested in taking part in this initiative.

We are planning on running a monthly Coffee Morning in West Tyrone, the first one is scheduled to take place on **Friday 24th October 2019** in the 2000 Centre, Newtown Stewart where a rep from the British Red Cross will provide information on preventing slips, trips and falls in the home and basic first aid. Please do come along from 10.30am for tea, coffee & refreshments and to learn some useful tips. Details of further coffee mornings will appear in the next newsletter.

In the coming months we will also begin work on the development of a Castlederg Border Trail, working in partnership with the UDR Association and other interested local people. Contact the main SEFF or West Tyrone Gateway office for further information.

## **SEFF's South Armagh Gateway Service**

SEFF's South Armagh Gateway service is now fully operational with a team of Advocacy staff in place overseeing delivery. (Pete Murtagh, Ian Irwin, Alan Lewis and Ann Travers with p/time Research and Admin support provided by Rachel Glover)

If you come from the South Armagh, Newry and surrounding hinterlands then we encourage you to call in to the offices (The Old Town Hall building) and get involved with the service.

As well as Advocacy support and advice we offer counselling, complementary therapies, welfare advice, health and wellbeing caseworker support and a range of other services and initiatives.

We are pleased to be working in partnership with FAIR and other local groups and individuals in a common effort to best deliver for innocent victims/survivors of terrorism.

Our formal launch of the Outreach service will take place on Friday 8th November 2019 from 8pm onwards (fittingly tied to Remembrance) We would encourage members from the local area, your families and friends and the wider SEFF membership to attend this important event.

SEFF will be running a bus from Lisnaskea onto the launch event with pick-ups available along the way. The bus will leave SEFF Offices @ 6pm sharp.

Please contact SEFF offices on 028 677 23884 if interested in becoming involved with any of these services/activities.

***Date for diary:  
SEFF's Annual  
Act of Remembrance  
2019***



SEFF's Annual Act of Remembrance will take place this year on Monday 11th November 2019 at 10.45am at SEFF's Memorial in the grounds of Holy Trinity, Church of Ireland, Lisnaskea. Refreshments will follow in SEFF offices afterwards and we will also hear from two innocent victims/survivors of terrorism who will share their experiences.

Further detail around SEFF's Remembrance events will follow in next month's newsletter.

## **Parliament MUST redress definition of victim**

Kenny Donaldson, Spokesman for Innocent Victims United stated: "Recent events in Parliament are a further illustration of the pantomime politics that we have entered into, like many others I have had to pinch myself at times to confirm that what in fact is happening, is actually real".

"The truth is that the UK Government has done everything in its' power to evade doing what is right by innocents within our Society, whether that be historical abuse victims or innocents of the terrorist campaign. The UK Government has shown for 25 years its' willingness to placate terrorism and its' political annexes and it has adopted an arrogant, aloof attitude to the innocents whose lives were forever changed. Essentially the Government has made a calculated call that whatever hurt is reaped upon innocent victims/survivors of terrorism that they will not respond with violence or the threat of violence -therefore their needs aren't taken seriously".

"We demand of the UK Government a commitment that it will make proper time for the definition of victim to be discussed at the earliest opportunity, and that it will commit to the development of a definition which ends the policy of equating perpetrator with innocent".

"It is within Parliament's powers to right the wrong it preside over in 2006 - it's Westminster that must deal conclusively with this matter through developing a UK-wide definition of victim of terrorism, passing the buck to a Stormont Assembly that doesn't exist and which would never progress this issue because almost half of its' make up are the political wing of the Provisional IRA is not a sustainable or acceptable position to take," concluded Mr Donaldson.

## **Decision to grant extension to The Victims Commissioner's Contract is NIO cowardice**

Kenny Donaldson, Spokesman for Innocent Victims United stated: "The recent announcement by the NIO is sadly a further illustration of the contempt with which innocent victims/survivors of terrorism are held. The NIO are out of touch with the largest constituency of victims/survivors, this was evident over the period of the Legacy Consultation process and today's cowardly announcement is but a continuance of that policy".

"27 victims groups openly and publicly stated their lack of confidence and trust in the leadership offered by the existing Victims Commissioner, the three main unionist political parties were clear that the Commissioner needed to cease her period in office and others were public in their opposition to her continuance in the role".

"For five weeks we have sought a meeting with the Secretary of State or appointed senior officials to discuss our grave concerns following the publications of the Commissioner's advice on Pensions for the seriously injured, a two line baseless email was what we were treated to, meanwhile the Commissioner has offered no acknowledgement of the dire situation her Office holds with the largest swathe of victim/survivor sector opinion".

"In making this announcement today the NIO have declared that they couldn't care less that the Commissioner is not fulfilling the very remit to which she was appointed under statute to fulfil - the Commissioner does not hold the confidence and trust of large swathes of those she is supposedly in place to advocate on behalf and she refuses to represent the case for policy change on a range of victim/survivor related issues".

"Given that the NIO have refused to meet with us we ask publicly; was the request for extension for a further term of four years or the 12 month extension that has been granted? The NIO is increasingly becoming a damaged brand and the new Secretary of State for Northern Ireland Julian Smith MP has immense work ahead if he is to rebuild confidence with our constituency," concluded Mr Donaldson.

Save the Date!

# Royal British Legion ~ Castlederg Branch

## FESTIVAL of REMEMBRANCE

1st Castlederg Church Hall  
Garveyagh  
Friday 25th Oct 8pm

*All Welcome*

SEFF

Fund

Raiser

*A Night  
at the  
Races*

**RBL Fivemiletown**



Saturday 5th October 2019 — 9pm Sharp

Race Commenta-

tor

Trevor Watson

- owing to the  
unavailability of

Sir Peter

O'Sullivan

Raffle  
prize draw

*All Welcome*

GOD SAVE THE QUEEN

### ALL WELCOME

6 UDR Regimental Association/Castlederg

Are holding a

### MONTAGE LAUNCH

(CONTAINING 6 UDR  
MEMBERS MURDERED  
THROUGH TERRORISM)

Friday 18th October 2019  
Bridgetown Orange Hall  
Castlederg.

*(SEFF's MEMORIAL Quilts will be displayed)*

IF SUFFICIENT INTEREST THEN WE WILL RUN A  
SMALL BUS FROM SEFF

Please call the office: 028 677 23884

Next time you are in the  
SEFF Office, why not take  
a break, browse the shelves  
and take home some new  
reading material.

Just call into Unit 2 (through  
kitchen door) and check out our  
book shelves for a fantastic  
selection of pre loved books.  
All we ask is that you leave a  
small donation in the collection  
bucket.

SEFF  
BOOK  
SHELF



SEFF Book Shelf

**\*\*Calling all avid readers\*\***

We have started a new fundraising idea in SEFF which came about after we put a shout out for books to sell in the Tesco Book Stall. We now have many Book shelves crammed with all kinds of books in Unit 2 (just through the kitchen) so next time you are in the office why not take a few minutes to browse through the shelves and see what suits, all we ask is that you leave a donation in the bucket provided. Also if you have any books at home that you are finished with then we would be happy to take them off your hands and add them to our book shelf.

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## BETHEL FREE PRESBYTERIAN CHURCH

CHANTERHILL ENNISKILLEN BT744EG



You are cordially invited to our

### REMEMBRANCE SERVICE

**SUNDAY 10TH NOVEMBER 2019**

**@ 7PM**

**ACT OF REMEMBRANCE & WREATH LAYING CEREMONY  
ALL SERVING & EX-SERVICE PERSONNEL & MEMBERS  
OF THE PUBLIC WELCOME**

*"when you go home tell them of us  
for your tomorrow we gave our today"*

Preacher: Rev. James Porter

Soloist: Mr Stephen Anderson



**"GREATER LOVE HATH NO MAN THAN THIS,  
THAT MAN LAY DOWN HIS LIFE FOR HIS FRIENDS."**

**John 15:13**

**SUPPER PROVIDED**

**SATURDAY, 28<sup>th</sup> SEPTEMBER**

**ROYAL BRITISH LEGION, FIVEMILETOWN**

**@7.30PM**



## MEMORIAL

# BINGO

## NIGHT & RAFFLE

*in Memory of*  
**Claire Wilson**

**BINGO BOOKS £10  
(For this date only)**

*Take Your Pick*

on the Night  
Prizes to be won behind every Box  
Watch out for booby prizes!!  
£100 must be won

**RAFFLE** on the Night  
**MANY GREAT PRIZES**

Tickets on sale now  
£1.00 each or book of 6 for £5.00

**£300  
JACKPOT  
GAME**  
(45 numbers or less)

**Last Jackpot Game -  
minimum prize  
£100**

**Chest  
Heart &  
Stroke**

*Proceeds in aid of*

For more info, contact  
Iain Lendrum or Lorraine Wilson  
**078665 11961** or **07889 428797**  
or find us on Facebook



Charity Reg No.  
NIC103593



**THE 'B' SPECIAL HISTORICAL PLATOON PRESENTS...  
"A RAID TRIED AND FAILED"  
UNIONIST HALL, ENNISKILLEN  
SATURDAY 26TH OCTOBER, 8PM**

**SPECIAL GUEST APPEARANCE BY MAGUIRESBRIDGE SILVER BAND**

**ADMISSION £10**

Tickets available at SEFF office in Lisnaskea (028677 22242), at Unionist Hall in Enniskillen, or by calling 07951 538621

A play will take place in the Ulster

Unionist Hall, Enniskillen on

**Saturday 26th Oct**

by the USC group from the Omagh.

The 'B' Special Historical Platoon will

re-enact a foiled raid by the IRA on

St Lucia barracks in the 1950's-1960's.

Maguiresbridge Silver Band will provide the Musi-

cal accompaniment,

show will start **sharp at 8pm** with a break mid way and will end

after 10pm

**Tickets cost £10** each,

available through the Seff office,

Unionist Hall or by contacting

Doreen Mullan on 07951538621 or

Tony Watson 07770725252

*Annual Craft Fair*

*&*

*Coffee Morning*

**TEMPO Silver Band**

**Saturday 16th November**

**10am to 12.30pm**

In Tempo Parish Hall,

Main Street. Tempo

**ALL WELCOME**