



The Queen's Award  
for Voluntary Service

Sept 2016

# SEFF NEWSLETTER

Supporting Victims & Survivors, Strengthening Communities



Issue 121



South East Fermanagh  
Foundation

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Seff Lisnaskea  
Seff Victims

The **SEFF Office**  
is open  
Monday - Friday,  
9am - 5pm  
for general office  
business

If you require support or  
help with completing  
DHSS or other Welfare  
forms **Tina** will be availa-  
ble to assist with this  
service.

As much as is possible,  
**Tina** will be in the office on  
**Tuesdays** from  
**10am - 5pm.**

However, if you require  
help outside these times,  
please contact the office,  
leave your name and num-  
ber and someone will con-  
tact you to arrange a suit-  
able time.

Dear Members,

Another busy month has gone in here at SEFF and we appreciate that for many members Sep-  
tember can be a difficult month with kids returning to School. We trust that most of you have  
had an opportunity to get some relaxation time over the Summer months (Ulster style weather)

Space is at a premium this month so I'll keep my update brief. On your behalves I want to bid  
farewell to Haidee Chamberlain (who had been covering Joy's maternity) and to then welcome  
back Joy to her role as Projects Officer.

A range of Projects are currently being finalised including; GB/Rol Book and DVD and Memorial  
Quilt, further SEFF Border Trails bringing coverage of the entirety of County Fermanagh, a new  
Drama Project, developments with our Advocacy Service and much, much more.

SEFF's monthly member meeting in September will be held on: Wednesday 28th September  
2016. Come along and hear from those who coordinate the various services we provide in SEFF  
(Paid and Voluntary personnel) Mark Crawford (Roy and Carole's son) will also be present and  
will be sharing his reflections following his participation in this year's Project Common Bond.

As per enclosed correspondence, SEFF's AGM will take place on Thursday 20th October 2016 in  
the Gymnasium of the former Lisnaskea High School from 7pm onwards. The Chairman and Man-  
agement at SEFF appeal for a big turnout at this meeting. All those who are paid up members are  
entitled to attend the AGM and then non-members are entitled to join proceedings from 8.30pm  
onwards where refreshments will follow along with the inaugural Performance of SEFF's new  
Drama, 'Waiting.' The evening will finish with contributions by Bands named/renamed after  
those murdered via terrorism.

UPCOMING NEWSLETTERS:

Future SEFF Newsletters will be posted out on :

Friday 14th October 2016 and Friday 18th November 2016

Kenny



## **ARMAGH RESPITE DAY** **SATURDAY 17th SEPTEMBER 2016**

We are arranging a respite day to Armagh on Saturday  
17th September 2016, the bus will depart from SEFF Of-  
fice, Lisnaskea at 8.30am and the itinerary will be as fol-  
lows:

**10-11am: Morning refreshments—tea, coffee & scones**  
**in Out of the Shadows group offices, Richill (Out of the Shadows are a victims**  
**group with a similar ethos to SEFF. When in Armagh we thought it would be nice**  
**to drop into their offices as they have visited us in SEFF some several times)**

**11.30am-1.30pm: Visit and tour to the Navan Fort Centre**

**1.45-2.45pm: Free time in Armagh (lunch is at your own expense)**

**3pm-4.30pm: Tour of Royal Irish Fusiliers Museum**

**4.45pm: Depart from Armagh**

**5.30pm: Evening Meal in Salley's, Aughnacloy (3 course meal)**

**Approx. 8.30pm: Return to SEFF Offices, Lisnaskea**

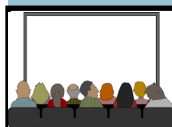
Cost is £20 per person—if interested in attending please phone the office ASAP on  
028677 23884 / 22242.

# Upcoming Events

CLASS & TUTOR	DATE, TIME & DURATION	DESCRIPTION	VENUE	COST
<b>Sewing Class</b> (Create cushions, overn gloves, door stops, draught excluders, han-bags, patchwork and lots more)  <b>Tutor: Sonia Johnston</b>	Monday 24th October 2016 7.30-9.30pm 6 weeks	Involves a mixture of hand and machine sewing (machines are provided but you can also bring your own if preferred).	SEFF Offices, Lisnaskea	£20 per person
<b>Pencil Drawing</b>  <b>Tutor: Trevor Verner</b>	Thursday 27th October 2016 7.30-9.30pm 8 weeks	Use pencil drawing as a form of relaxation and therapy.  Create a pencil drawing from a photograph / picture you love.	SEFF Offices, Lisnaskea	£20 per person
<b>Yoga</b>  <b>Tutor: Genny Brown (TBC)</b>	An evening during the week commencing Monday 24th October 2016 7.30-9.30pm 6 weeks	Some light relaxation and exercise	SEFF Offices, Lisnaskea	£20 per person
<b>Day Respite Londonderry</b>	Saturday 22nd October 2016 Departing from SEFF at 9am SHARP	Visit to Siege Museum including a tour of the Museum, the Apprentice Boys Memorial Hall & the City Walls.  The afternoon will give an opportunity for some shopping in the City.	City of Londonderry	£20 pp (inc coach, morning refreshments and evening meal on route home)
<b>RBL Festival of Remembrance Waterfront Hall</b>	Saturday 12th November 2016. Departing from SEFF at 2.30pm	Annual RBL Festival of Remembrance	Waterfront Hall, Belfast	£25 per person (inc transport, meal and admission)

## Expression of Interest

If interested in attending any of the above activities we ask that you phone the office **ASAP** to let us know. Please note that an expression of interest **does not guarantee** the offer of a place(s) on an activity/service until full payment is received.



### SEFF's AGM

**SEFF's Annual General Meeting will take place on Thursday 20th October 2016 at 7pm in the gymnasium of the former Lisnaskea High School site**

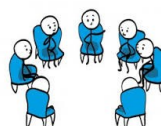
7pm - 8.30pm - Annual General Meeting (Guest Speaker will be CEO of the Victims and Survivors Service) Margaret Bateson

8.30 - 9pm - Refreshments

9pm - 9.45pm - SEFF's Drama Performance

9.45-10.30pm - Some musical entertainment (more detail to follow).

**We request that you would make an extra effort to attend this meeting and support the work of the organisation.**



### Group Fellowship/Support

Group Facilitation Sessions are running in SEFF Offices beginning on Thurs 22nd Sept x 5 weeks.

These have been particularly useful to ex service personnel who have been able to come together in groups to chat over sensitive issues relating to their service.

If interested in attending these sessions please contact the office on 028677 23884.

## COMPLEMENTARY THERAPIES 2016-17



WE ARE NOW TAKING NAMES FOR COMPLEMENTARY THERAPIES FOR THE COMING NEW MONTHS.

WE PLAN TO RUN THESE IN  
OCTOBER TO NOVEMBER 2016,

IF INTERESTED IN AVAILING OF 5 SESSIONS OF  
MASSAGE, (HOT STONES ARE AVAILABLE)

AROMATHERAPY, REFLEXOLOGY,  
PHYSIOTHERAPY OR INDIAN HEAD MASSAGE, HOPI  
EAR CANDLE THERAPY (NEW) &  
KINESIOLOGY (NEW)

PLEASE CONTACT THE OFFICE TO REGISTER  
YOUR INTEREST ON

028 677 23884 OR 677 22242.

£40 CONTRIBUTION FOR

5 SESSIONS - IT IS POSSIBLE TO PAY £20 AT THE  
BEGINNING & £20 AT THE END OF TREATMENT  
SESSIONS.

**\*\*WHEN TAKING UP ANY OF THESE SESSIONS YOU ARE  
REQUIRED TO COME INTO THE OFFICE TO COMPLETE  
THE MONITORING FORMS AND PAY ½ OF THE SESSIONS  
BEFORE SESSIONS COMMENCE, OR YOU WILL NOT BE  
ABLE TO AVAIL OF THESE TREATMENTS**

## The 'Morning SEFF Calling' Project



The Morning SEFF Calling project  
is growing steadily with circa 40  
members now receiving a weekly  
call from our wonderful volun-  
teers.

We are hoping to expand the ser-  
vice to add an additional evening  
to the weekly calls. We would like to appeal for volunteers  
to take part in the calling on Wednesday evenings from  
6pm - 8.30pm.

If you would be free and willing to help out we would really  
love to hear from you.

Please phone the office to register your interest on 028 677  
23884.



## Upcoming Border Trail visits to SEFF: Appeal for volunteers

We have a number of groups coming to visit  
SEFF and to take part in the South Fermanagh border trail over the next  
few weeks. If you are free and able to come in and help us out it would  
be great to hear from you.

### SATURDAY 17th SEPTEMBER 2016

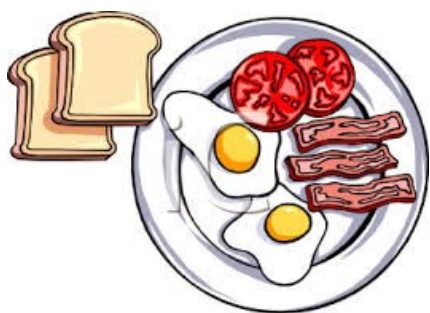
REV. Nigel Reid (Rector of Tullyallen and Mountnorris Presbyterian  
Church) and his group are arriving with SEFF at 10.30am.

### SATURDAY 24th SEPTEMBER 2016

Newry District Orange and Black Christian Fellowship

We just require help in the mornings when the groups arrive to SEFF  
with making tea and coffee and to make our visitors feels welcome etc.  
If you are free and able to help let us know and we can confirm details.

## MEN'S BREAKFAST CLUB 2016 / 2017



Good news for all you hungry men with big appetites....SEFF's Men's  
Breakfasts will be recommencing for the winter months (October 2016 -  
March 2017).

Breakfasts will all begin at 10am and the cost will be £3 per Breakfast.

As with previous years the venue will rotate between two locations (Donn  
Carragh Hotel and Miller's Coffee shop both based in Lisnaskea) every  
month. Please see dates and venues below:

DATE	LOCATION	DATE	LOCATION
Saturday 1st October 2016 at 10am	Donn Carragh Hotel, Lisnaskea	Saturday 5th November 2016 at 10am	Millers Coffee Shop, Lisnaskea
Saturday 3rd December 2016 at 10am	Donn Carragh Hotel, Lisnaskea	Saturday 7th January 2017 at 10am	Millers Coffee Shop, Lisnaskea
Saturday 4th February 2017 at 10am	Donn Carragh Hotel, Lisnaskea	Saturday 4th March 2017 at 10am	Millers Coffee Shop, Lisnaskea

## SEFF's 2016 Remembrance & Thanksgiving Service

**Sunday 2nd October at 3.30pm**  
**In Colaghty Church of Ireland,**  
**LACK.**

**(Please note change of time, the service will be at 3.30pm NOT 3pm as previously advertised)**

WITH REV ALAN IRWIN  
- INCUMBENT

**The theme of the service is  
'Carrying forward the torch of  
Remembrance'**

**Light refreshments will be served  
afterwards in  
the church  
hall.**



## Disability Aids Scheme 2016/17

### Why is VSS delivering the Scheme?

- The VSS is committed to continually improving its understanding of the needs of victims and survivors, and to finding better ways to meet those needs.
- This Disability Aids Scheme provides a personalised approach to addressing certain needs which are not able to be met under the current Support for the Injured Scheme.
- This Disability Aids Scheme assesses an individual's needs with the aim to enhance and/or maintain independent living and improved health and wellbeing of victims and survivors living with Troubles-related injuries.

### Who is eligible?

- Individuals who have been physically injured as a result of a Conflict/Troubles-related incident and are currently in receipt of a Support for the Injured Award under INP 2016/17
- In order to access the Scheme, individuals will be required to engage with a Caseworker (either at VSS or within a VSP-funded organisation) and complete an Individual Needs Consultation.

**If you think you may either be eligible to apply for the scheme or you would like to talk to someone about eligibility please contact the office on 028 677 23884 / 22242.**

## *SEFF's Remembrance Events 2016*

### *SAVE THE DATES*

#### SEFF's Annual Act of Remembrance

SEFF's Act of Remembrance will take place on **Friday 11th November 2016 at 11am** at SEFF's Memorial based within the grounds of the Church of Ireland, Lisnaskea.

All who attend will then be invited back to SEFF Offices for refreshments.

#### SEFF's Cultural Evening - 'Remembrance' theme

SEFF will be holding a Cultural evening on **Wednesday 16th November 2016 in SEFF Offices from 7.30pm**. The theme will be around remembrance and we plan to have a number of Victim's present who will be giving their testimonies.

We will include further details on both these invites in the next Newsletter but in the meantime we encourage you to put the dates in your diary.



## SEFF Allotments End of Project BBQ

As part of the most recent allotments project which was funded through the Department of Foreign Affairs Reconciliation fund we are holding an 'End of Project BBQ' on **Saturday 10th September 2016** in SEFF Offices, Lisnaskea.

The itinerary for the day is set out below:

10am - Tea, Coffee and Scones

10.30am - 1pm - Facilitated session with Teresa O'Hare of Orchard Acre Farm including the launch of the Final Report and project DVD.

1.15pm - 4pm - End of Project BBQ out at SEFF's Allotments site on the Brookeborough Road.

We would like to invite any of our members who have an interest in gardening to come along to this event. We ask that you confirm via telephone for catering purposes, please phone the office on 028 677 23884.





Hi All,

We are all getting set for a busy few months over the autumn and winter both with befriending and coffee mornings, please check out the coffee morning dates in the newsletter and mark them on your calendar so you don't forget to come along and support us.

We are looking forward to the remainder of this year and the year ahead and will be working closely with our SEFF Calling Service and Luncheon Club Service to make sure we reach out to all those within our membership that could do with a hand.

We ask especially that you all remember our **Macmillan Biggest Coffee Morning on Thursday 29<sup>th</sup> September** and support us on the day in any way you can, bake, buy or just come and eat and donate to a great charity. It is always so powerful to hear personal stories and we would really appreciate it if anyone felt able to share their journey with cancer and Macmillan, please contact the office if you could contribute in this very touching way. We will be joined at this event by approx. 30 victims/survivors from The East Belfast Counselling Group who will also be availing of a Border Trail experience.

**The SEFF Befriending Service Team**

### **SEFF Luncheon Clubs**

The first of SEFF's Luncheon Clubs is due to take place on **Wednesday 21st September 2016 at 12.30pm in the Valley Hotel, Fivemiletown.**

Further lunches will follow every month in varying locations across the County, details will be included in future Newsletters.

If you would be interested in attending a luncheon club please contact the office to register your interest - you will then be phoned closer to the time to be invited to a Luncheon Club near to you.



### **SEFF's Annual Macmillan Big Coffee Morning & Cake Sale**

We are holding our Annual Coffee Morning and Cake Sale in aid of Macmillan Cancer Support in SEFF Office Lisnaskea on **Thursday 29th September 2016 at 10.30am**

We ask that you make an effort to support this event by attending on the day or doing a spot of baking in advance, all baked products and donations towards the charity will be gratefully received.



### **OCTOBER COFFEE MORNING** **WORLD WAR I THEME**

The October Coffee Morning will take place on **Thursday 27th October 2016 at 10.30am** in SEFF Offices. Lisbellaw World War I Society will be present with a display / exhibition. This is an excellent opportunity for you to come along and view the various items of memorabilia and to engage with the group.



### **Action Cancer Big Bus returns to SEFF** **DATE FOR DIARIES**

The Action Cancer Big Bus is coming to SEFF on **Thursday 24th November 2016** from 10am - 3.30pm.

To Book your appointment you can do so using the online booking system at [www.actioncancer.org](http://www.actioncancer.org) or by phoning 028 90 803344 and quoting the code QAW-970.

The day will take the usual format of a Health & Wellbeing day where members will be invited to come into the office for refreshments and to engage with various organisations present who will be advising how they support the health and wellbeing needs of the community.



### SEFF's Advocacy Service

The Assembly is back in session and it is expected that the Stormont House Agreement and the subsequent Fresh Start document will be implemented in the near future. The Advocacy service is preparing for the advent of many enquiries in relation to unresolved issues – poor HET reports, civil complaints, and those murders that have never been looked at by the HET. We have received a number of these HET reports and now understand the widespread dissatisfaction experienced by the families. If you have an HET report and wish the Advocacy service to assist in any future complaint you may have, please contact us.

Compensation for personal injury or the loss of a near relative was not always forthcoming. It is something that should remain private but our research would indicate that there are those who received very little or nothing. If this may be the situation in your case, and you wish us to support you in an attempt to remedy the situation, please contact us in total confidence.

The research on displacement of families is proving difficult as there has been little response. Please remember that if you had to change your personal circumstances, then you were displaced. This does not just mean the families who had to move home. It includes the member of the Security Forces who could no longer go home to see his/her wider family, possibly meeting elsewhere; and those who had to totally change their normal routine in order to stay alive.

If you have any other truth, justice and accountability related concerns, please do not hesitate in contact the Advocacy Service to arrange a meeting, either in SEFF's offices or in a place of your choosing.

**Kind Regards, Ken & Matthew**

[ken.funston@seff.org.uk](mailto:ken.funston@seff.org.uk)

[matthew.gault@seff.org.uk](mailto:matthew.gault@seff.org.uk)

[advocacy@seff.org.uk](mailto:advocacy@seff.org.uk)

**Direct Landline No: 028 677 29076**

### **Two Tier Policing**

I recently felt obliged to reply in the News Letter to a piece in last week's Impartial Reporter in relation to the response by the PSNI to an enquiry by the Orange Order.

<http://www.impartialreporter.com/news/14705143.14> not arrested in Enniskillen bombing enquiry/

<http://www.newsletter.co.uk/news/crime/psni-revelations-over-enniskillen-bomb-raise-more-questions-about-probe-1-7548461>

In that response, the head of the PSNI Justice Branch chose to divulge information pertaining to the case into the public domain that the families were not privy to, and were never informed of by the investigatory Legacy Branch (replaced HET). It appears that the PSNI are playing out some type of charade that is causing confusion and distrust amongst, not just the Enniskillen families, but all victims of terror in this country. The hierarchy of victims has never been more apparent; Article 2 Investigations will not be available to ordinary citizens murdered by terrorists, that is only reserved for those who have been killed by state actors. The bulk of the Legacy Branch workload is Bloody Sunday, Ballymurphy and similar cases, yet a Chief Superintendent in Justice Branch (the irony is not lost) stated that in regards to Enniskillen, the PSNI has "no intention to conduct further investigative work unless credible new evidence is available." It is my understanding that in any complex case, evidence does not just appear but needs a thorough investigation in order to detect it. The attitude of the PSNI is lazy indifferent policing where it is so much easier to arrest an easily identifiable retired member of the Security Forces in order to appease a section of the community.

The Chief Constable informed the Enniskillen families in February this year that there was a definite line of inquiry, this has been denied by both his Legacy and Justice departments, who do we believe? I have called on the Chief Constable to rectify the harm caused and meet the Enniskillen families, the way he met the Ballymurphy families and others. We await his response.

**Ken Funston**

## **SEFF'S RESPONSE TO RECENT BOBBY SANDS FILM**

Everyone at this stage will have heard about the fictitious film, 'Bobby Sands - 66 days' which was shown around cinemas in Northern Ireland. In response to the film SEFF hosted an evening in the Killyhevlin Hotel, Enniskillen where a documentary entitled, 'Remembering those who had no choice' was shown. The documentary simply tells the truth about who Bobby Sands actually was, about his life and his legacy and the damage that he and his so called 'comrades' reaped upon the community. Below is some media coverage about the event and the response to the evening in the Killyhevlin Hotel

### **Remembering those who had no choice**

Kenny Donaldson, Director of Services at SEFF stated: "It is important to remember but also honour all those whose lives were extinguished outside the Maze Prison walls over one of the most turbulent periods in our history. Inside those Prison walls 10 men took the choice, with the leadership of the Republican Movement at their back to complete suicide. Those murdered and killed outside those Prison walls did not have the choice to live because in most cases others decided that they had a right to play God in determining who would live and who should die".

"Within those murdered and killed were members of the security forces who were murdered both on duty and off duty, there were also many civilians from across the community murdered and within this were four young children aged 11-15 years whose lives were cut short because they were brought out onto the streets by a terror Movement which had a history of using children as human shields".

"In the year of the Hunger Strikes (1981) and in our own immediate area of South Fermanagh, PIRA sought to extinguish an entire family of brothers who served as part-time members of The Ulster Defence Regiment. They managed to murder two of them; Ronald and Cecil Graham, BUT were unsuccessful in two assassination attempts on their brother Jimmy but they came back and murdered the married father of two just four years later - this is the legacy of the Hunger Strikes for the Graham family and the South Fermanagh community".

"The death of 10 men on hunger strike was a human tragedy and no-one with a semblance of Christianity within their DNA would take glee in their demise. Their families left behind mourn their loss and we acknowledge that. But what we will not ever acknowledge or accept is the manipulation of the truth, the 10 men who died on hunger strike were terrorists (as per National and International law) they were insurrectionists and they were criminals. The damage they and others within the organisations they pledged allegiance to but also those within loyalist terror groups and furthermore those who dishonoured the code of the security forces and engaged in criminal acts was substantial and it was mainly inflicted upon their fellow Countrymen, women and children whether they be Protestant, Roman Catholic or Dissenter," concluded Mr Donaldson.



Left and right:

Some pictures from the event held in the Killyhevlin Hotel, Enniskillen.

A similar event was also held on Thursday 25th August in the Royal Hotel, Cookstown. There are also plans in the pipeline to show the documentary in Portadown RBL and The Long Gallery, Stormont.



## **IN RESPONSE TO THE EVENT AND WIDER ISSUES OF POOR REPRESENTATION OF VICTIM'S ISSUES WITHIN THE 'BIG SCREEN'**

### **Victims group calls for balance from N.I Film Industry**

SEFF has written to the First Minister, the Board of Northern Ireland Screen and the BBC insisting that a task-force be established which would proactively work with innocent victims and survivor groups and individuals in a common objective to ensure that their lived experience of terrorism and criminal violence is relayed across TV and Film.

In a statement Director of Services for Lisnaskea-based South East Fermanagh Foundation Kenny Donaldson stated: "Last night's response to the Documentary Film we showed has copper-fastened our view that there is a need for focused effort to take place which would see the stripped back experiences of the innocent victims and survivors of terrorism and 'other Troubles related criminal violence' broadcast and relayed in Film and TV documentaries".

"We are insisting the need for a re-balance of material which is being broadcast around the World depicting the narrative of 'The Troubles.' There may well come a response from these various institutions that we can only help and support projects which come across our desks. That is not a sustainable position, where there is a glaring gap there is need to be proactive if in fact the objective of these institutions is to be fair, balanced and inclusive".

"We will await with interest the responses from N.I Screen and the BBC. Innocent victims and survivors of terrorism are clear that their lived experiences must be heard by a local, national and international audience - their story is a story of truth and fact, others are more adept at producing stories of half truth or fiction," concluded Mr Donaldson.

At the point of this Newsletter going to print SEFF has met with the CEO and Chairperson of N.I Screen with a meeting confirmed with BBC senior Management on Tuesday 13th September 2016. Further details to follow in the next Edition.





## FACT August 2016 Update

The summer events at the FACT project have kept us all busy and out and about walking in a different locations throughout the county. Drop in iPad sessions on a range of subjects were also held in a range of different venues.

The FACT project also hosted a 6 week intergenerational genealogy project. Funded by Fermanagh Omagh District Council Good Relations and facilitated by Frank McHugh (Connect with your Past) younger and older participants "buddied" together to jointly research and create family trees. The younger participants used their IT skills for online research while the FACT members shared their experience and knowledge of times gone by with the young people. This joint approach allowed both generations to teach and learn together.

On completion of the course Kenny Donaldson (Director of Services, South East Fermanagh Foundation) presented the participants with their certificates and a personal four generation family tree.

The FACT Project is funded through The Big Lottery Project: 'Reaching Out Connecting Older People' and you can contact Sharon on 028 677 22615 at the Fermanagh office for more information.

If you are 60 or know someone who is who would benefit from getting out and about contact Sharon on 02867 22615 or [showe\\_fact@hotmail.co.uk](mailto:showe_fact@hotmail.co.uk).

**FACT** is on Facebook so friend and like us to spread the word. Contact Sharon for more information on 028 677 22615 or email on [showe\\_fact@hotmail.co.uk](mailto:showe_fact@hotmail.co.uk).



# SEFF'S COMMUNITY HALLOWE'EN FESTIVAL 2016

THURSDAY 27th OCTOBER 2016

6.30pm

At the former Lisnaskea High School site

Come along for lots of fun activities including face painting, bouncy castle, BBQ and fireworks.

