

# SEFF NEWSLETTER

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October 2016 – Issue 121



**Seff Lisnaskea**  
**Seff Victims**



**The Queen's Award  
for Voluntary Service**



**SEFF**  
SOUTH EAST FERMANAGH  
FOUNDATION

Dear Member,

This month's Newsletter is packed with information and we ask you to take your time to go through it closely marking out all the various activities and events which interest you.

The Chairman and I appeal with you the members to turn out in strength on for our AGM (see advert at bottom of page) We hope to have Government Ministers in attendance as well as VSS Board members and its' CEO.

Don't forget that non members are also invited to join us for Supper and for the second half of the night in which the AGM is being held.

We also ask that SEFF members throughout the County and beyond to make a special effort to attend one of the upcoming SEFF Drama performances and that you would also encourage others throughout the community to attend in their numbers.

Finally I appeal very strongly with members to map out in your diaries Remembrance-themed events ensuring that you come along and support those families most directly impacted. There is the 'Act of Remembrance' being held at the SEFF Memorial on 11th November 2016 and then on the following Wednesday; 16th November 2016 from 7.30pm onwards we will have along Samuel Heenan and Paul Toombs (both from the South Down area) who will share testimony concerning the loss of their fathers to terrorism. Please come along to this seminar which is being held in SEFF offices.

I would also wish to recognise Rev Alan Irwin and all others who played a role in ensuring that we had such a wonderful and uplifting fourth Annual Service of Remembrance and Thanksgiving - your efforts are greatly appreciated by the organisation. Almost 300 people attended this year's service - the largest to date.

**Kenny**

## **SEFF's Annual General Meeting**

**will take place on Thursday 20th October 2016 at 7pm  
in the gymnasium of the former Lisnaskea High School site**

7pm - 8.30pm - Annual General Meeting (Guest Speaker will be CEO of  
the Victims and Survivors Service) Margaret Bateson

8.30pm - 9pm - Refreshments

9pm - 9.45pm - SEFF's Drama 'Waiting' Debut Performance

9.45pm - 10.30pm - Some musical entertainment by Constable Norman Anderson Memorial Flute Band (Larne) Matt Boyd Memorial Pipe Band (Pomeroy) and Lambeg Drums.

**We request that you would make an extra effort to attend this  
meeting and support the work of the organisation.**



**The SEFF  
Office**

**is open**

**Monday - Friday,  
9am - 5pm  
for general office  
business**

If you require support or help with completing DHSS or other Welfare forms **Tina** will be available to assist with this service.

As much as is possible,  
**Tina** will be in the office on

**Tuesdays from  
10am - 5pm.**

However, if you require help outside these times, please contact the office, leave your name and number and someone will contact you to arrange a suitable time.



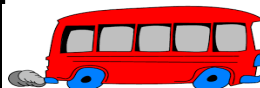
## SEFF's Annual Act of Remembrance

**Friday 11th November 2016 at 11am**

**at SEFF's Memorial,**

**Holy Trinity Church of Ireland, Lisnaskea.**

Everyone is invited back to SEFF Office af-



**Border Trail visits to SEFF:**

**APPEAL for VOLUNTEERS**

We REGULARLY have groups coming to visit SEFF and to take part in the South Fermanagh border trail, and we are compiling a list of volunteers who could come and help on these occasions. All that is required is a welcoming face on arrival to SEFF and help with tea and coffee etc.

If you have some free time and able to help let us know and we can keep your name on the list to call when we have a group visiting.



## **MEN'S BREAKFAST CLUB**

**2016 / 2017**

SEFF's Men's Breakfasts continue with the next one on Saturday 5th November 2016 at 10am in Miller's Coffee Shop.

Breakfasts begin at 10am and the cost will be £3 per Breakfast.

As with previous years the venue will rotate between two locations (Donn Carragh Hotel and Miller's Coffee shop both based in Lisnaskea) every month. Please see dates and venues below:

DATE	LOCATION	DATE	LOCATION
<b>Saturday 5th Novem-ber 2016 at 10am</b>	Millers Coffee Shop, Lisnaskea	<b>Saturday 3rd Decem-ber 2016 at 10am</b>	Donn Carragh Hotel, Lisnaskea
<b>Saturday 7th January 2017 at 10am</b>	Millers Coffee Shop, Lisnaskea	<b>Saturday 4th February 2017 at 10am</b>	Donn Carragh Hotel, Lisnaskea
<b>Saturday 4th March 2017 at 10am</b>	Millers Coffee Shop, Lisnaskea		

## **OCTOBER COFFEE MORNING**

### **WORLD WAR I THEME**

The October Coffee Morning will take place on

**Thursday 27th October 2016 at 10.30am** in SEFF Offices.

Lisbellaw World War I Society will be present with a display / exhibition. This is an excellent opportunity for you to come along and view the various items of memorabilia and to engage with the group.

## SEFF BEFRIENDING OCTOBER UPDATE

Hi All

We are all looking forward to a busy few months ahead and judging by the newsletter, there is plenty on to keep us going.

Our Coffee Morning on **Thursday 29<sup>th</sup> September 2016** for **Macmillan Biggest Coffee Morning** was a brilliant success, we outdid ourselves and collected an outstanding £605 including the morning itself and with donations given afterwards. Thank you to all who came and supported us, all who provided the lovely array of home produce and all those who left donations.

Our next Coffee Morning is on **Thursday 27<sup>th</sup> October 2016** - 10:30 to 12:30 where we will have a World War 1 themed presentation and display of memorabilia by Lisbellaw and South Fermanagh WW1 Society. Please come along and enjoy the display, the society will be available afterwards if have any queries on family who served or any memorabilia at home that you want to show them.

Our next date for your diary is Thursday 24<sup>th</sup> November where we are having a Health and Well Being themed coffee morning running in conjunction with the Action Cancer Big Bus visit.

Do try to join in with events and catch up with us as often as you can, it means a lot to us.

Regards

The Befriending Team



### Action Cancer Big Bus returns to SEFF DATE FOR DIARIES

The Action Cancer Big Bus is coming to SEFF on **Thursday 24<sup>th</sup> November 2016** from 10am - 3.30pm.

To Book your appointment you can do so using the online booking system at [www.actioncancer.org](http://www.actioncancer.org) or by phoning 028 90 803344 and quoting the code **QAW-970**.

The day will take the usual format of a Health & Wellbeing day where members will be invited to come into the office for refreshments and to engage with various organisations present who will be advising how they support the health and wellbeing needs of the community.



### The 'Morning SEFF Calling' Project

Autumn is now upon us and the evenings are getting darker! Its hard to believe that **Morning SEFF Calling** is one year old. Time has flown and our client list continues to steadily grow. With this increase we have had discussions on adding another day, a Wednesday evening, to make it 3 days for **MSC**, from 6.30pm-9pm may benefit our members. With this additional calls, more volunteers to join Rita and myself are required, if you have any free time and are interested in helping with **MSC** please call the SEFF office and let the staff know.

If you know someone who is interested in using this service or if you are receiving regular calls please don't be afraid to tell us your thoughts or ideas for improvements if you feel we need too.

Regards **Ann Townsend**

Please phone the office to register your interest on 028 677 23884.



### COMPLEMENTARY THERAPIES 2016-17



WE ARE NOW TAKING NAMES FOR COMPLEMENTARY THERAPIES FOR THE COMING NEW MONTHS. WE PLAN TO RUN THESE IN NOVEMBER TO DECEMBER 2016,

IF INTERESTED IN AVAILING OF 5 SESSIONS OF MASSAGE, (**HOT STONES ARE AVAILABLE**)

AROMATHERAPY,  
REFLEXOLOGY,

PHYSIOTHERAPY OR INDIAN HEAD MASSAGE, HOPI EAR CANDLE THERAPY (NEW) PLEASE CONTACT THE OFFICE TO REGISTER

YOUR INTEREST ON

028 677 23884 OR 677 22242.

**£40 CONTRIBUTION FOR 5 SESSIONS - IT IS POSSIBLE TO PAY £20 AT THE BEGINNING & £20 AT THE END OF TREATMENT SESSIONS.**

**\*\*WHEN TAKING UP ANY OF THESE SESSIONS YOU ARE REQUIRED TO COME INTO THE OFFICE TO COMPLETE THE MONITORING FORMS AND PAY ½ OF THE SESSIONS BEFORE SESSIONS COMMENCE, OR YOU WILL NOT BE ABLE TO AVAIL OF THESE TREATMENTS**



# ACTIVITIES AND COURSES

CLASS & TUTOR	DATE, TIME & DURATION	DESCRIPTION	VENUE	COST
Sewing Class (Create cushions, oven gloves, door stops, draught excluders, and lots more) Tutor: Sonia Johnston	Monday 24th October 2016 7.30-9.30pm 6 weeks	Involves a mixture of hand and machine sewing (machines are provided but you can also bring your own if preferred).	SEFF Offices, Lisnaskea	£20 per person
Yoga Tutor: Genny Brown (TBC)	Tuesday 25th October 2016 7.30-9.30pm 6 weeks	Some light relaxation and exercise	SEFF Offices, Lisnaskea	£20 per person
Pencil Drawing Tutor: Trevor Verner	Thursday 27th October 2016 7.30-9.30pm 8 weeks	Use pencil drawing as a form of relaxation and therapy. Create a pencil drawing from a photograph / picture you love.	SEFF Offices, Lisnaskea	£20 per person
Day Respite Londonderry	Saturday 22nd October 2016 Departing from SEFF at 9am SHARP	Visit to Siege Museum including a tour of the Museum, the Apprentice Boys Memorial Hall & the City Walls. The afternoon will give an opportunity for some shopping in the City.	City of Londonderry	£20 pp (inc coach, morning refreshments and evening meal on route home)
RBL Festival of Remembrance Waterfront Hall	Saturday 12th November 2016. Departing from SEFF at 2.30pm	Annual RBL Festival of Remembrance	Waterfront Hall, Belfast	£25 per person (inc transport, meal and admission)

## Expression of Interest

If interested in attending any of the above activities we ask that you phone the office **ASAP** to let us know. Please note that an expression of interest **does not guarantee** the offer of a place(s) on an activity/service until full payment is received.

## Christmas Shopping Trip

Saturday 26th November 2016 departing from SEFF at 9am

The Buttercrane Shopping Centre & The Quays in Newry

Then on to Newcastle to visit the quirky craft shops

Before stopping for a meal at the

Burrendale Hotel, Newcastle on route home.



**Cost £15p.p**

**Call the Office to reserve your seat**

**SEFF'S**

# MEMBER'S CHRISTMAS PARTY NIGHT

**Wednesday**  
**14th DECEMBER 8pm**

Donations for a Raffle on the evening would be gratefully received and can be left into the office before the evening.

If you are interested in attending the SEFF members Christmas Party Night please call the office by 5pm on Friday 9th December to book your place. This is for catering purposes.

**The Valley Hotel**  
**Music by Wee Tom**

## SEFF's Christmas Children's Party

for 2yr olds to P7 age **ONLY**

Please ring SEFF Office  
With the Name & Age of  
your Child/children or  
Grandchildren  
attending

**on Saturday 3rd  
December**

**@ 3pm**

**In the former Lisnaskea  
High School Premises**

**Call the Office to give staff names and ages of  
children attending by 5pm on Friday 25th  
November.**



### Londonderry Respite

**Saturday 22nd October 2016**

**Departing from SEFF at 9am**

On arrival at the Siege Museum the day will begin with refreshments followed by a tour of the museum, the City Walls and the Apprentice Boys of Derry Memorial Hall.

The afternoon will then be spent at your leisure in the City and the group will gather for a 2 course meal in the Icon Restaurant before the return journey to Lisnaskea (at approx. 8.30pm)

Cost: £20 per person.

If interested please contact the office on 028 677 23884.



### World War I Respite Day

**Saturday 19th November 2016**

**Cavan County Museum,  
Ballyjamesduff**

**Departing from SEFF at 9am**

The visit to Cavan County Museum will take in the World War I Trench Experience which is well worth seeing. There will also be time to look round the rest of the museum. Morning refreshments and lunch will be included.

There will be an opportunity in the afternoon time to spend a few hours in Cavan town before returning back to SEFF at approximately 5.30pm.

If interested in attending please contact the office ASAP.



## SEFF's Advocacy Service

The Advocacy Service is a provision that has been created to help support the needs of victims and survivors. Matthew and I continue to work on the following aspects of the service:-

- Displacement – research will only reveal some characteristics, i.e. church records, census, etc. We need more input from the members, some of you have been forthcoming but there is much more information out there which we are not privy to. Please remember people did not only move because of direct attacks, there were often more sinister facets to these occurrences. People may have moved because of constant harassment by neighbours, covert incidents, constant damage to property, attacks on their neighbours that left people feeling vulnerable, isolation due to family unable to visit because of security risks, etc. Please contact us at any time with anything that you deem may be of assistance to us.
- Border Trails – The border trails are virtually complete, if anyone has a particular knowledge of North, South or West Fermanagh, or Enniskillen, and would be prepared to assist in the narration of the accounts to visitors and groups, please advise us.
- Support to individuals who have outstanding issues with all government agencies, including the PSNI, PONI, the AGS, the Garda Ombudsman, etc.

I recently paid a visit to the PSNI Station in Enniskillen and made enquiries in relation to outstanding unsolved cases. It is remarkable to note that during my visit I learned that the PSNI are considering taking all detectives out of Fermanagh. If you wish to question what, if anything, the PSNI are doing in relation to an unsolved murder or other serious crime, you must write to:-

**Det Supt Keith Agnew,  
MIT South,  
Gough Barracks,  
Armagh, BT60 1BW.**

If you wish me to conduct this enquiry on your behalf, please advise, and I will happily oblige. There is some suggestion that the structures proposed by the Stormont House Agreement are nowhere near implementation. If this is the case, the new legacy investigations unit, HIU, is some way off being formed. We therefore must continue to agitate, and conduct our own investigations, as it is extremely difficult to force the PSNI to do anything without a level of coercion.

**Kind Regards, Ken & Matthew**

Email: [ken.funston@seff.org.uk](mailto:ken.funston@seff.org.uk)

Email: [matthew.gault@seff.org.uk](mailto:matthew.gault@seff.org.uk)

General Email: [advocacy@seff.org.uk](mailto:advocacy@seff.org.uk)

Direct Landline no: 02867729076

Ken's Mobile: 07834488635

### **Agents, Informers - Heroes or Criminals?**

The question we have to consider is the effect Government paid agents within loyalism and republicanism had on the ending of the Troubles. The allegations in Spotlight recently have once more brings their involvement to the fore. It is now apparent that both sets of organisations were riddled with informers, some at the very highest level, Denis Donaldson being a prime example. I have no doubt others will be exposed in the future, and will continue to heap embarrassment on those organisations. The Chief Constable hinted at this recently when he indicated that if PSNI HQ open their vaults, they may reveal some 'unpalatable truths'. We should actually consider that these agents, as objectionable as they may be to some people, may have brought the Troubles to an end quicker than expected. It is not unreasonable to suggest that without the use of these agents, the murders and violence would have continued. However, we cannot ignore the possibility that there have been agents who have stepped outside the parameters of their 'contracts' whether to save their own life or otherwise, or at times they have been given freedom that has resulted in innocent deaths. It has been indicated in Spotlight that Mr Donaldson was 'working both sides.'

These 'unpalatable truths' referred to by Mr Hamilton may also reveal documents indicating the involvement of others in serious crime. The allegations directed towards Gerry Adams continue apace - withholding information, perverting the course of justice, murder, conspiracy to murder, kidnapping, et al. May I suggest that if any other citizen within this country had the same level of accusations directed against them, they would have either resigned from public office or at least have been forced to resign by their party or employer. Sinn Fein are blind to the effect this man is having on the attempts of this society to recover from the past, and he is not alone. The Stormont Assembly and business conducted there will be tainted by the involvement of other figures like Adams. Until these figures exit the stage, we will become bogged down by constant exposés that cause unrest, distrust and bad feeling. Jim Wilson, speaking on Talkback, tried to defend the 'undefendable', justifying a mural to a loyalist murderer. Sorry, Mr Wilson, but this man represented is no different to the Shankill bomber, whose coffin was carried by Mr Adams. They were all, loyalist and republican murderers and gangsters, the problem, not the solution. They were the scourge of their societies, and created the mayhem we are trying to fix. In the middle of all this, the innocent victims of terrorism are forgotten about once more. Vast sums of money continue to flow in the direction of ex-prisoner groups under the guise of resettlement, conflict resolution, etc, whilst innocent victims have to 'kowtow' with their begging bowls, with a level of genuflection that is at times demeaning.

As the years progress post 1998, the revisionist policy of Irish Republicanism attempts to airbrush the role of the IRA by constant allegations against the British role in Northern Ireland. The simple statistics state that violent Irish Republicans (the major player being the PIRA) murdered 60% of all victims during the Troubles, and Loyalists murdered 30%. These statistics do not sit well and their policy is to change those figures by widespread accusations against the state. In a recent debate a gentleman replied to me that the figures should be 60-40 (40% Security Forces) implying that all Loyalist murders were inspired by the state. He further added that the 60% will be eroded as many of those murders also had state involvement. The underlying strategy is that the Sinn Fein version of history will not be as we know it, the IRA will become victims, not perpetrators; everyone else was to blame. Their strategy has many tentacles - using victims, constant fabricated allegations, false promises, demands for public inquiries, using prominent law firms to pursue their cases, etc. Is Gerry Adams a victim of Government 'securocrats', constantly being harassed and undermined, or maybe he has a case to answer?

***Ken Funston***







# SEFF's Annual Remembrance & Thanksgiving Service

## 'Carrying forward the Torch of Remembrance'

In a packed Church in north Fermanagh, Colaghty Church of Ireland, Lack in excess of 300 people came along recently to attend SEFF's fourth Annual Service of Remembrance and Thanksgiving. The theme of this year's Service was; 'Carrying forward the Torch of Remembrance.'

The theme very much connected with the content of the Service where young people played a central and pivotal role. SEFF's new youth choir comprised of young people whose loved ones were murdered through terrorism sang their debut performance, young people also relayed Bible readings, assisted in performing the roles of ushers and of collectors.

In a statement, Director of Services at SEFF Kenny Donaldson stated: "We were overwhelmed by the support we received for the Service where people came along in their droves to show solidarity with the innocent victims and survivors of terrorism.

Within the Service content were a number of special elements including the dedication of six new Memorial Quilt patches to, Const Stephen Carroll, Const Ronan Kerr, Const David Black, Mary Travers, William Heenan and Sgt John Eaglesham".

"We also focused on three local murders which were committed within the Parish and adjacent area and which had such a profound effect upon the families concerned and indeed the wider community. Jillian Johnston, Ronald Funston and Jim Oldman. Family representatives of these three local people contributed testimony, a Bible reading and prayers".

"The Service brought together people from a wide cross section of the community. There were also people present from Great Britain and The Republic of Ireland. The commonality all present shared was their opposition to terrorism and criminal violence being used (Present or Past) in the pursuance of or defence of a political objective.

"We extend a warm thanks to all those involved in making the Service so special and in particular Rev Alan Irwin and his Parish Vestry (who himself is an innocent victim/survivor of terrorism through having had his own father Thomas and uncle Frederick murdered) Rev Alan's message was a message of resilience, of the need to continue the pursuit of justice, truth and accountability - and it was delivered in a wonderful spirit of Christian HOPE," concluded Mr Donaldson.



## Remembering those who had 'NO CHOICE'

The documentary developed in response to Bobby Sands '66 Days' and which has already been shown in Killyhevlin Hotel, Enniskillen and in the Royal Hotel, Cookstown is now being presented in:

**Sixmilecross Presbyterian Church Hall on Saturday 29th October at 7.30pm.**

**Derrygonnelly Orange Hall on Tuesday 15th November 2016 at 7.30pm.**

Come along to either venue & show your support.

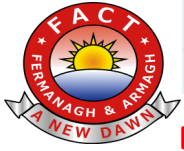
## MEMBERS CONSULTATION

**Wed 23rd Nov 2016 @ 7.30pm**

A new application process is opening for the Victims and Survivors Programme at the end of November and as part of this we will be putting together a new programme of services and other activities.

In order to do this and to satisfy the needs of you, the members we would like your input so please come along to the November monthly members meeting and let us know your thoughts and ideas.





## FACT OCTOBER 2016 UPDATE

**FACT** Autumn Programme is in full swing in a variety of locations throughout the county. Our last two walking events are Thursday 20th October @ Killyfole and Thursday 27th October @ 11.00 am. Hope to see lots of you there.

"Beyond Words" Project by Cruse Bereavement in association with the Stroke Association and **FACT** are having workshops for bereaved people over 60 on **Wednesday 9th and Thursday 10 November 9.45 am to 2 pm in Unit 7 Manderwood Park, Lisnaskea.**

During this workshop you will make a **Reflections Memory Treasure Box** whereby you can celebrate a loved one by compiling a collection of mementos such as photographs, words, letters, poems music or anything you would like to include. Everyone will design and decorate a memory box sharing memories of their loved ones and the life they shared. All materials will be provided and lunch will be provided also. This project is funded through "Beyond Words" Project through the Big Lottery Fund.

A **cider making workshop** will be held on **Monday 24<sup>th</sup> October at Colebrook Kitchen Garden at 10.00 am.** Don't forget to bring some apples any variety is gratefully received. Roll up your sleeves and get involved!

Our **FACT** choir are busy practising and we look forward to their debut performance at the **FACT** Winter Warmer in January.

The **FACT** Project is funded through The Big Lottery Project: 'Reaching Out Connecting Older People' and you can contact Sharon on 028 677 22615 at the Fermanagh office for more information or [showe\\_fact@hotmail.co.uk](mailto:showe_fact@hotmail.co.uk)

**FACT** is on Facebook so friend and like us to spread the word.

**Please note the Lisnaskea office opening hours are 9am-3pm.**

Memory Treasure Box

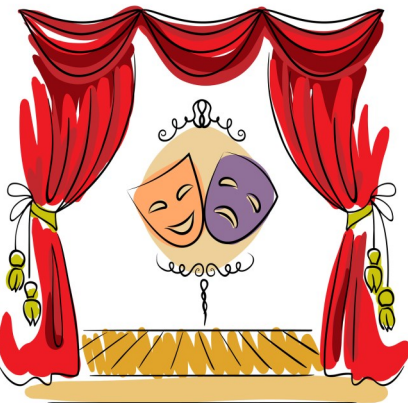


### SEFF's Drama Performance.....'Waiting'

As you all know SEFF have been working on a Drama Performance for a number of months, we are now in the final stages and we're getting ready for the all important performances.

We are taking the play around the Fermanagh area and to the following locations:

- **Thursday 20th October 2016 at SEFF's Annual General Meeting (performance is at 9pm) in the former Lisnaskea High School Gymnasium**
- **Monday 24th October 2016 in Enniskillen District Orange Hall at 8pm**
- **Tuesday 25th October 2016 in Colaghty Parish Hall, Lack at 8pm**



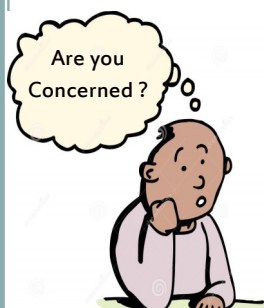
If interested in attending any of the above we ask that you register your interest by phoning the office on 028 677 23884. Come along and support our budding actors and actresses.

# Topics & Dates of Interest

## ARE YOU CONCERNED?

- \* Are your investments and cash tax efficient in the long term?
- \* Would you like guidance and help regarding the dreadful Inheritance Tax?
- \* Do you worry that your assets after death will go to the wrong person?
- \* Are you concerned how a divorce, bankruptcy and early death may effect your children's inheritance?
- \* Should you give assets away now, or wait until after death?
- \* Are you worried about Long Term Care costs and will this result in your family losing out?

By reviewing your will arrangements these important issues can be resolved!!



**For Further information contact SEFF Office where we can provide you with a list of options you may wish to pursue for professional advice.**

**028 677 23884**

## SEFF Merchandise

SEFF are introducing Lapel badges, scarves and ties for our members to purchase. (Pictured right.)

If you are interested in buying any of these items please drop in to the office over the next fortnight or so when the items will be in stock.

### Price List:

**Ties - £15 each**

**Lapel Badges - £2 each or 3 for £5**

**Ladies scarves £15 each**



## **SEFF'S COMMUNITY HALLOWE'EN FESTIVAL 2016**

**THURSDAY 27th OCTOBER 2016 @  
6.30pm**

**At the former Lisnaskea  
High School site**

**Come along for lots of fun**

**activities including**

**face painting, bouncy castle,  
BBQ and fireworks.**



Maguiresbridge Market House Cultural Group

## **Annual Country Gospel Concert**

**in Killyhevlin Hotel, Enniskillen  
on Friday 13th January 2017  
at 8.00p.m.**

**Compere: Gary Wilson    Music by: Country Harmony**

**Artists: Crawford Bell, Benn Sisters, Tony Kerr,  
Eugene O'Doran, Calum Smith**

**Ticket: £10.00**

