

SEFF NEWSLETTER

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1 Nutfield Road,
Lisnaskea
Co Fermanagh
BT92 0FP

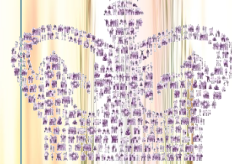


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December 2016 Issue 123

Self Lisnaskea

Self Victims



The Queen's Award
for Voluntary Service



SEFF
SOUTH EAST FERMANAGH
FOUNDATION

Dear Member,

This month's Newsletter comes with a Festive look and I want to thank Joy and Mandy for their creative skills and efforts.

As another year nears its' end I want to thank the board/staff/volunteers and you, the members for your commitment and support throughout the last 12 months - TOGETHER we have once again got the job done. We also thank our core funders (Victims and Survivors Service) and Big Lottery Fund (Ref the FACT Project) for the support given throughout the year (financial and developmental)

The Christmas period will not bring respite at SEFF either with work going on to put together our Business Plan for submission to VSS covering the next 3 years of funded Programmes and Services. As always we will do our best to secure a strong funding resource for SEFF's constituency of victims and survivors.

You will note in this Newsletter that we intend to hit the ground running in the New Year also with many activities proposed, please continue to support these events - REMEMBER: SEFF is your organisation. Without you the members getting involved, there is no rationale for the group's existence.

The last 12 months has proven to be a challenging year for the organisation as we seek to position ourselves in the best possible way to meet the strategic challenges coming downstream from Government. Our outreach work and progress made with GB/RoI and Spanish-based victims/survivors and their support structures has been a key milestone reached this year, we also have saw new services introduced at SEFF including; The 'Morning SEFF Calling' Project, a Drama Group and completed Production and the foundation laid for an excellent youth choir.

SEFF is a family and continues to develop and flourish .On behalf of the Board, staff colleagues and I (Joy, Ken, Mandy, Karen, Matthew, Tina, Sharon and Yvonne) we wish you and your family a most blessed and Peaceful Christmas.

I acknowledge that in many homes (my own included) there will be joy but there will also be sorrow for many different reasons but let us all be comforted and strengthened in knowing the true meaning of Christmas (not the commercially driven version of Christmas) - let us celebrate the birth of our Saviour Jesus Christ.

God bless you all, Kenny

Christmas Holidays Office Closure

The SEFF Office will close at 1pm on Friday 23rd December 2016 and will reopen at 9am on Tuesday 3rd January 2017.

The **SEFF**
Office

is open

Monday - Friday,
9am - 5pm
for general office
business

If you require support or help with completing DHSS or other Welfare forms **Tina** will be available to assist with this service.

As much as is possible, **Tina** will be in the office on

Tuesdays from
10am - 5pm.

However, if you require help outside these times, please contact the office, leave your name and number and someone will contact you to arrange a suitable time.

ACTIVITIES AND COURSES 2017

CLASS & TUTOR	DATE, TIME & DURATION	DESCRIPTION	VENUE	COST
Jiving Lessons TUTOR: Rodney & Sandra Noble	Thurs 19h January 2017 8pm 4 weeks	Learn some jive moves and enjoy some exercise while you're at it!	Melvin View Orange Hall, Garrison	£15 per person Or £20 per couple
Chair Based Activity TUTOR: Ruth Gault	Thurs 26th Jan 2017 10.30am-12pm 4 weeks	Some light exercise involving various activities while based in sitting position.	SEFF Offices, Lisnaskea	FREE
Yoga TUTOR: Genny Brown	Thurs 17th Jan 2017 7.30-9.30pm 6 weeks	Yoga moves and exercises	SEFF Offices, Lisnaskea	£20 per person
Art Class TUTOR: Ruth Elliott	Thurs 16th Feb 2017 7.30pm 6 weeks	Various art techniques including oils, acrylics, pencil etc.	Garrison Church Hall	£20 per person

Expression of Interest

If interested in attending any of the above activities we ask that you phone the office **ASAP** to let us know. Please note that an expression of interest does not guarantee the offer of a place(s) on an activity/service until full payment is received.



MEN'S BREAKFAST CLUB 2016 / 2017

SEFF's Men's Breakfasts continue with the next one on Saturday 7th January 2017 in the Millers Coffee Shop, Lisnaskea. Breakfasts begin at 10am and the cost is £3 per Breakfast.

Please see dates and venues below:

DATE	LOCATION	DATE	LOCATION
Saturday 7th January 2017 at 10am	Millers Coffee Shop, Lisnaskea		
Saturday 4th February 2017 at 10am	Donn Carragh Hotel, Lisnaskea	Saturday 4th March 2017 at 10am	Millers Coffee Shop, Lisnaskea

World War I Respite Day

RESCHEDULED:

Saturday 21st January 2016

**Cavan County Museum,
Ballyjamesduff**

Departing from SEFF at 9am

The visit to Cavan County Museum will take in the World War I Trench Experience which is well worth seeing. There will also be time to look round the rest of the museum. Morning refreshments and lunch will be included.

There will be an opportunity in the afternoon time to spend a few hours in Cavan town before returning back to SEFF at approximately 5.30pm.

If interested in attending please contact the office **ASAP**.



SEFF BEFRIENDING DECEMBER UPDATE



Hi All,

Hard to think we have reached Christmas and the end of yet another year. For some it will be good to see the back of 2016 and for others facing another year can be daunting so we ask that if you can think of others at this time of year that are maybe not in the festive spirit, even a hello, a smile or a few minutes of your time could mean so much.

In 2016 we have managed to host some very successful luncheon clubs and coffee mornings, as well as the continued work of befriending, another busy year ahead hopefully.

Please note down the dates coming up for coffee mornings and join us for some fun and even some fitness thrown in for good measure.

Luncheon Club will be starting up again in the New Year and we will be contacting those eligible to come along.

Thursday 26th January 2017 @ 10.30am - Chair-Based Activity with Ruth from 10:30am - 12 noon and also for the following three Thursdays at the same time each week. A great workout after all the Christmas excess.

Thursday 23rd February 2017 @ 10.30am - Welfare Information Session with a focus on Welfare Reform hosted by the 'Switch' (SEFF's Welfare Information and Community Health) Project.

Thursday 16th March 2017 @ 10.30am - St Patrick's Day Coffee Morning & Lunch - join with us for some St Patrick's festivities, including dance, music and some lunch.

Hope you can join us at some of these events

Regards,

The Befriending Team

The 'Morning SEFF Calling' Project

Here we are now just a few days until Christmas. The long dark cold nights are also with us. Apart from the run up to Christmas and all the excitement it can enthuse in us, there are those out there for whom it is a lonely and sad time. I therefore ask the readers of this newsletter to think of anyone they know who could benefit from this service. We make a call to individuals on a Monday and Thursday morning between the hours of ten and twelve each week. A third day is also on the agenda. This will be on a Wednesday evening and hopefully of benefit to those who may be unable to receive a morning call. You never know, A call could be the lifeline that some one needs to break up the loneliness they could be experiencing. Although we do not give advice, we can sign post you to outside agencies or other individuals within SEFF who can help you. So please get in touch with the office if you know of anyone or indeed if there is someone you know that is able to dedicate two to three hours per week as a volunteer to a very worthwhile cause.

Regards, Ann Townsend

Please phone the office to register your interest on 028 677 23884.



COMPLEMENTARY THERAPIES 2016- 17



We are now taking names for Complementary Therapies for the coming new months. We plan to run these in

February - March 2017,

If interested in availing of 5 sessions of Massage, (HOT

**STONES ARE
AVAILABLE)**

Aromatherapy,
Reflexology,

Physiotherapy or Indian
Head Massage, Hopi Ear Can-
dle Therapy (NEW) please
contact the office to register

your interest on

028 677 23884 or 677 22242.

£40 contribution for

**5 sessions - it is possible to
pay £20 at the**

**beginning & £20 at the end
of treatment sessions.**

****WHEN TAKING UP
ANY OF THESE SES-
SIONS YOU ARE RE-
QUIRED TO COME IN-
TO THE OFFICE TO
COMPLETE THE MON-
ITORING FORMS AND
PAY 1/2 OF THE SES-
SIONS BEFORE SES-
SIONS COMMENCE,
OR YOU WILL NOT BE
ABLE TO AVAIL OF
THESE TREATMENTS**



SEFF's Advocacy Service

The PSNI Legacy Branch

The HET had a remit to review all unsolved murders during the Troubles, and upon their demise, they had reached the year 1987. Her Majesty's Inspectorate of Constabulary (HMIC) in its follow up report into the HET, released a list of recommendations to establish if there is consistency and equality of treatment in all of the investigations and policies, procedures and processes in comparison with other historic cases within PSNI, bearing in mind the obligation on the PSNI to ensure balance in respect of their approach to such matters.

The PSNI has failed in this matter and is purely conducting a review of deaths involving the Army, regardless of whether these people were killed legitimately by the state as provided under Article 2. The HET produced a substantial report into Loughgall that was considered one of their better reviews that vindicated the actions of the Army. This was never going to be accepted by the families of the IRA men and their legal firms, paid for by the public purse. The IRA opened fire first and rammed a no-warning bomb into the RUC station; this doesn't seem to matter, they are deemed more important than any innocent victim. They have demanded and have now received another inquest with a full Article 2 Inquest remit.

When my brother was murdered, there was an inquest a few weeks later in an open court that lasted less than an hour. Did my family scream inequality, no, we had to accept that this was the normal procedure. The HET report into his murder failed to follow up on the queries by our family, and did not follow up investigative leads. We, like hundreds of other families, were failed by the HET, and are left with nowhere to go. The Enniskillen bomb in 1987 is the longest open HET case, now running over 10 years. The HET stated in 2012 prior to the 25th anniversary, that the report was almost finished. I am now led to believe the report doesn't exist, yet the PSNI legacy branch continue to cover for their predecessors. Despite having a number of meetings with senior legacy officers, they refuse to look at the Enniskillen case. It is so much easier to arrest a 75 year old retired soldier in Devon, as records indicate how he was involved in a shooting incident in Tyrone many years ago, of which he was previously exonerated.

The HMIC recommended that the PSNI compare all cases, they haven't done that. The Legacy Branch are employed to work on deaths involving security forces only, and any other cases that I have sent to them have either been ignored or by-passed with the proviso, "we will not look at that unless there is a new investigative lead." This is despite me pointing out serious flaws in the original HET reports. I have also established that the HET by-passed a number of cases of the murders of soldiers, for example the 1984 murders of Agar, Huggins and Gallimore in Enniskillen.

It is very easy to understand how there is a widely held perception amongst the innocent victim community that there is a flawed agenda by the PSNI in how they are conducting their legacy business. It does appear that if a death involved action by the Security Forces, then you will definitely get a higher standard of investigation.

Kind Regards, Ken & Matthew

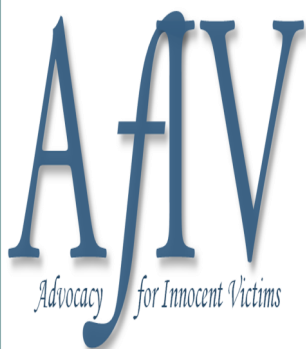
Email: ken.funston@seff.org.uk

Email: matthew.gault@seff.org.uk

General Email: advocacy@seff.org.uk

Direct Landline no: 02867729076

Ken's Mobile: 07834488635



IMPORTANT DATES FOR YOUR DIARY

I would like to confirm that the **AfIV SEFF** conference will be held at the Killyhevlin Hotel on **Saturday 4th March 2017**. Could you please advise **SEFF** or **AfIV** staff by **5pm on Wednesday 12th January 2017** (Tel: 028 677 23884 / 677 22242) if you wish to attend as we expect it will be over-subscribed.

AfIV are at the latter stages of organising a **Respite Weekend to Edinburgh, 24th - 27th March inclusive**. It is priced at **£100 per person sharing or £140 per person for single room supplement**. This is purely a respite and educational visit and will take in meetings with politicians in, and tour of, the Scottish Parliament. It is also planned to take in a visit to Edinburgh Castle, and the Royal Yacht Britannia moored in Leith. This weekend is aimed towards those families and individuals who have accessed **SEFF's** Advocacy Service (**AfIV**).

If you are interested in availing of this weekend, please advise the Advocacy office by **5pm on Wednesday 12th January 2017** (Tel: 028 677 23884 / 677 22242)

As Christmas approaches, another year has passed whilst the politicians continue to prevaricate over putting in place legacy structures which would hold terrorism accountable and which would practically provide for victim's and survivor's mental health and wellbeing, welfare, advocacy and other practical needs. Meanwhile republicans are allowed to pursue a plan that is to the detriment of all innocent victims. We must hope that 2017 will bring some respite from the advance of the republican revisionist agenda but that can only be done by continuing to challenge their rhetoric with the support of all our members, and our government.

I hope you all have a Happy Christmas and a prosperous New Year.

Regards
Ken & Matthew

SEFF meet with Minister of State for NI

Representatives of South East Fermanagh Foundation recently met with Minister of State for NI Kris Hopkins MP in Enniskillen to discuss on-going issues affecting the victims and survivors constituency, including the proposed new legacy structures envisaged under the Stormont House Dis'Agreement.'

Cllr Raymond Farrell was also present in his role as a mental health practitioner where he raised matters concerning the need for additional funding in our mental health services.

Speaking following the meeting SEFF's Director of Services Kenny Donaldson stated: "We welcomed the opportunity to raise with the Minister issues affecting our constituency of victims and survivors. We advised him of the substantive trust deficit which exists within our constituency where innocent victims of terrorism have become deeply cynical and distrustful of the criminal justice system and certain elements of the 'Establishment'.

"Minister Hopkins agreed with us that there is currently an imbalance in how cases concerning alleged wrong doing by the UK State are treated (both in terms of resource and priority) and those suffering our constituency of innocent victims/survivors of terrorism. He pledged his commitment to do everything possible to transform the current system".

"Other areas discussed included the proposed new HIU, legal aid policy, the Coronial Inquest system, compensation for victims of Libyan sponsored PIRA terrorism, Mental Health services and the inequalities around Army Widows Pensions".

"The Minister committed to meeting with us again soon and acknowledged the very different experiences of victims and survivors along the border where a campaign of ethnic cleansing was in operation," concluded Mr Donaldson.



SEFF Kiddies Christmas Party - Saturday 3rd December 2016
Lisnaskea High School



SEFF Christmas Members Night - Wednesday 14th December 2016
The Valley Hotel, Fivemiletown



SEFF builds upon relationships with Spanish counterparts

At the invitation of Spanish victims group Covite (who are based in the San Sebastián and Madrid) a delegation of South East Fermanagh Foundation representatives have just returned from an exchange visit from the Spanish capital Madrid.

Over a three day period SEFF's representatives supported by Covite met with senior representatives of the Spanish Interior Ministry, Judiciary and with those charged in supporting victims of terrorism. The visit follows Covite's attendance and participation at SEFF's Conference held earlier this year in Fermanagh where its' President Consuela Ordonez along with Maite Pagazaurtundua Ruiz MEP (Vice President of the Group of the Alliance of Liberals and Democrats)

Both women lost loved ones to ETA terrorism (Ms Ordonez brother and sister-in-law and Ms Pagazaurtundua Ruiz brother)

Explaining the purpose to the visit SEFF's Director of Services Kenny Donaldson said: "We welcomed the opportunity to engage with representatives of Covite and consult with representatives of the Spanish Government who are directly associated with furthering victim's issues".

"Over the course of the visit we learnt how the Spanish political and criminal justice systems have remained committed to not buckling to international pressures encouraging the appeasement of ETA and other groups responsible for terror and criminal violence".

"We shared with the Spanish the experiences of the Northern Ireland Peace and Political processes advising them not to replicate the model used here which has empowered terrorism on a local and International context".

Mr Funston (SEFF's Advocacy Services Manager) added: "There is much to admire in how the Spanish place victims at the centre of the process and the clear line that is drawn between perpetrators and innocent victims is by and large universally accepted across the political spectrum. The Spanish were visibly shocked by the definition of victim which exists in Northern Ireland as per the NI Order 2006".

The Spanish representatives committed to continuing a relationship with SEFF and the organisation plans to develop joint projects with Covite - both organisations will mark their 20th Anniversaries in 2018.



Left to right: Eric Brown (SEFF's Chairman) Kenny Donaldson (SEFF's Director of Services) Maria Del Carmen Alba Figuero (Coordinator of the Office of Assisting Victims of Terrorism) Ken Funston (SEFF's Advocacy Services Manager)



Left to Right: Kenny Donaldson (SEFF's Director of Services) Ken Funston (SEFF's Advocacy Services Manager) Maite Pagazaurtundua Ruiz MEP (Vice President of the Group of the Alliance of Liberals and Democrats) and Eric Brown (SEFF's Chairman)



FACT DECEMBER 2016 UPDATE

The gardeners braved the cold to update their pruning skills at Colebrook Kitchen Garden. Dougal provided a very practical and hands on workshop on pruning fruit trees, bushes and roses.

Cleenish Parish dancing classes concluded with a tea dance and light lunch with approximately 50 enthusiastic dancers. It was fabulous to have such a turnout from all across the county. Dancing is a great fun way of exercising and socialising at the same time.

The **FACT** Project would like to wish everyone a very merry Christmas and a happy new year. A new **FACT** newsletter will be sent early January.

The **FACT** Project is funded through The Big Lottery Project: 'Reaching Out Connecting Older People' and you can contact Sharon on 028 677 22615 at the Fermanagh office for more information or showe_fact@hotmail.co.uk

FACT is on Facebook so friend and like us to spread the word.

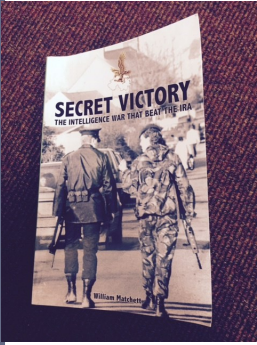
Please note Lisnaskea office opening hours are 9am-3pm.



UPCOMING MEETINGS IN SEFF 2017

Cultural Workshop Wed 18th January 2017 7.30pm	THEME: An evening of Testimonies (Incorporating family campaigns for Justice, Truth and Accountability) SPEAKERS: Austin Stack (son of murdered Prison Officer Brian Stack) & David Kelly (son of murdered Irish Army soldier Patrick Kelly)
January Members Meeting Wed 25th January 2017 7.30pm	GUEST SPEAKER: William Matchett (ex RUC Special Branch and regular attendee at IVU meetings) will give a talk on his recent publication; Secret Victory - The Intelligence War That Beat The IRA.
Cultural Workshop Wed 8th February 2017 7.30pm	THEME: Exploring the services needed to support those with Mental Health & Trauma related illnesses and conditions. SPEAKER: Raymond Farrell (who is also a local Cllr)
February Members Meeting Wed 22nd February 2016 7.30pm	GUEST SPEAKER: PSNI representative to discuss on-going Legacy issues.

[SEFF January 2017 Monthly Meeting](#)



Special Guest Speaker William Matchett (ex RUC Special Branch and regular attendee at IVU meetings) is coming to SEFF on

Wednesday 25th January 2017 @ 7.30pm

to give a talk on his recent publication;

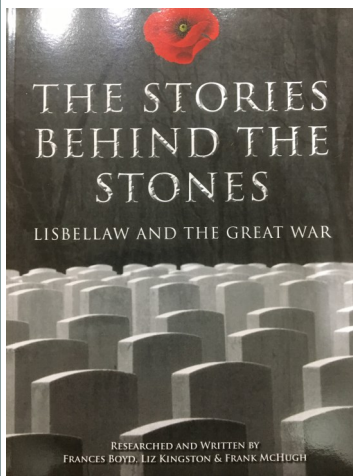
Secret Victory - The Intelligence War That Beat The IRA.

This book directly takes on the narrative advanced by the PROVOS that they 'Won the War.'

Billy will then field questions from the floor.

A brief SEFF monthly meeting will then follow Billy's contribution.

Signed copies of Billy's book will be available on the night for £13.



Lisbellaw WW1 Commemorative Weekend book

"Stories behind the Stones"

On sale price £20.

A very good read and would make a lovely Christmas Present.

If interested contact

Heather McFrederick 07712762770 or

Harriett Kirkpatrick 07962611856

Lifeline

0808 808 8000

As we all know Christmas can be a difficult time of year for some people, it can be a very lonely and dismal time for many who miss loved ones and have other family and personal issues they are dealing with. Bearing this in mind we have included some information that may be of use to people over the Christmas period.

Lifeline is the Northern Ireland crisis response helpline service for people who are experiencing distress or despair. No matter what your age or where you live in Northern Ireland, if you are or someone you know is in distress or despair, **Lifeline** is here to help.

People living in Northern Ireland can call Lifeline on **0808 808 8000**. Deaf and hard of hearing Textphone users can call **Lifeline** on 18001 0808 808 8000. Calls to **Lifeline** are **free** to people living in Northern Ireland who are calling from UK landlines and mobiles. **Lifeline** counsellors are available 24 hours a day, seven days a week to listen and help, **in confidence**

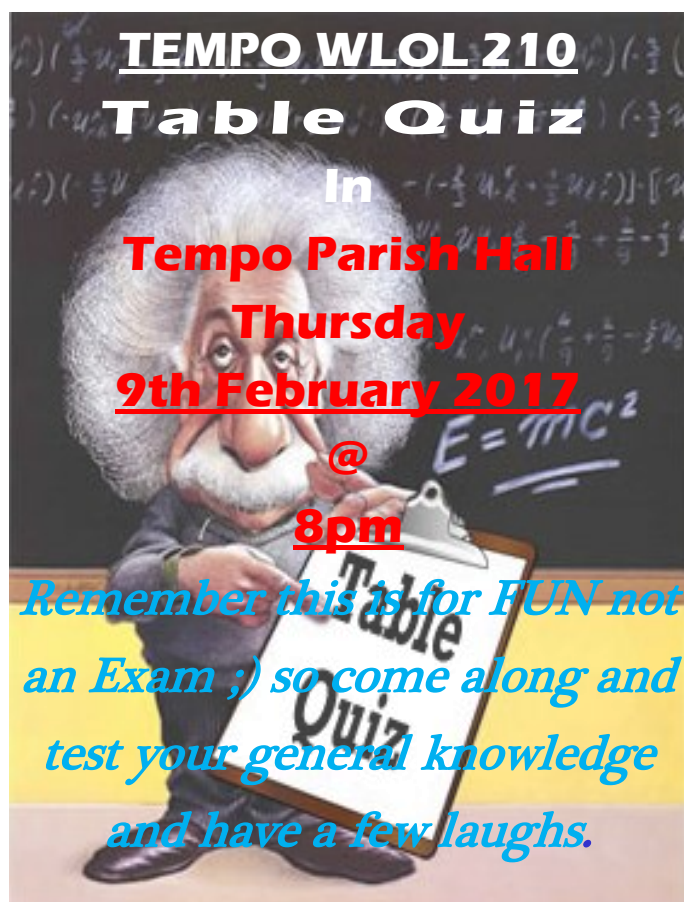


Or the Samaritans

WHATEVER YOU'RE GOING THROUGH, CALL US FREE ANY TIME, FROM ANY PHONE ON **116 123**. 24 HOURS A DAY, 365 DAYS A YEAR. IF YOU NEED A RESPONSE IMMEDIATELY, IT'S BEST TO CALL US ON THE PHONE. THIS NUMBER IS FREE TO CALL.


Topics & Dates of Interest

TEMPO WLOL210
Table Quiz
 In
Tempo Parish Hall
Thursday
9th February 2017
 @
8pm
Remember this is for FUN not an Exam ;) so come along and test your general knowledge and have a few laughs.



SEFF Merchandise

ITEM	PRICE
SEFF's Annual Service of Remembrance and Thanksgiving 'Carrying forward the Torch of Remembrance' held in Colaghty Col, Lack in early October 2016.	£10
I'll Never Forget (Book and DVD)	Book £7 (Can purchase both for £15) DVD £10
For God and Ulster - The Vow of those who reject violence (Book and DVD)	Book £8 DVD £10
Remembering those who had NO CHOICE (SEFF Documentary Film/DVD in response to Bobby Sands '66 Days' Film)	£10
SEFF's Memorial Quilt booklet - 'Their Legacy lives on' ...	£3
Terrorism Knows NO BORDERS (Book, DVD and Memorial Quilt booklet)	Book £10 (Can purchase both for £20) DVD £12 Memorial Quilt Booklet £5
SEFF badges.	£2 per badge or 3 badges for £5
SEFF ties and scarves.	Tie £15 Scarf £15
J.I.V.T Ltd Book.	£3
J.I.V.T Ltd DVD - 'Justice denied to the innocent'	£10
Widows Mite badges (To support our Advocacy Service Justice Fund)	£1 per badge
Youth DVD - 'The Past cannot be the future'	£10

Christmas Whist Drive

Wednesday 21st
December 2016 at 8pm
Royal British Legion,
Fivemiletown
£5 per person (includes supper)
Proceeds in aid of Horizon West Children's Hospice



Maguiresbridge Market House Cultural Group
Annual Country Gospel Concert
 in Killyhevlin Hotel, Enniskillen
 on Friday 13th January 2017
 at 8.00p.m.
 Compere: Gary Wilson Music by: Country Harmony
 Artists: Crawford Bell, Benn Sisters, Tony Kerr, Eugene O'Doran, Calum Smith
 Ticket: £10.00

