**James Fowler**

**16th December 1979**

SEFF remembers James (Jimmy) Fowler who was brutally murdered by PIRA terrorists on 16th December 1979.

Jimmy was aged just 40 years old and had been a member of the Ulster Defence Regiment but was off some two years at the point of his murder.

Jimmy was a family man committed to doing his best to provide for them and was operating a mobile fish and chip van when he was assassinated.

Originally from Newtownstewart James and his wife Helen (who is now deceased) had four children; Stanley, Elaine, Dorothy and Caroline. Stanley aged just 13 years old was with his Dad at the time when Jimmy was murdered.

The symbol on Jimmy's individual Quilt patch reflects his skills as a swimmer in which he courageously saved the lives of two people.

Jimmy was also a member of LOL 850.

Jimmy was respected across the community and was dearly loved by his family. His cruel murder left a huge void in the lives of many.

SEFF's thoughts and prayers are with the Fowler family circle this day and everyday.