



SEFF

Unit 1. Manderwood Park, 1. Nutfield Rd, Lisnaskea, BT92 0FP

✉ info@seff.org.uk

☎ 028677 23884

🌐 www.seff.org.uk

SEFF POSITION DESCRIPTION

Position: Sessional Counsellor

Responsible to: Clinical Lead

Hours: Sessional

Location: Various

Salary Scale: £40 per session/ £60 per session of EMDR and £20 per DNA session, restrictions & limitations apply. (Sessional rate currently under review).

Counsellors are responsible for costs associated with their own insurance, clinical supervision, travel, tax and other related costs/contributions.

Contract: Tender for sub-contracted role.

The successful applicant be retained in a self-employed capacity responsible for self-payment of income tax & NI contributions.

Role Summary:

At SEFF we provide a funded Talking Therapies service to help meet the needs of Victims and Survivors impacted by 'The Troubles'. Individuals who have been bereaved, psychologically or physically injured, or care for a loved one as the result of Troubles related incidences or trauma can refer to SEFF for an assessment for Counselling support.

SEFF Counsellors provide a range of modalities including Integrative Counselling, Systemic Therapy, EMDR, CBT, and Trauma-Focused Therapeutic Approaches. The most appropriate therapeutic approach offered is based upon an individual assessment of needs carried out by our Clinical Team. We offer services on a face-to-face, telephone and online basis.

SEFF is an organisational member of BACP (British Association of Counselling and Psychotherapy).

Key Responsibilities:

- To implement the organisation's systems, policies and procedures for therapeutic service delivery.
- To work in partnership with the clinical team assessing the needs of a client and providing appropriate therapeutic intervention.
- To maintain clinical records in accordance with recording procedures.
- To regularly attend clinical supervision in accordance with policy and procedures.
- To identify risk and follow safeguarding policies and procedures as appropriate
- Adhere to the policy of confidentiality when undertaking all duties.
- Ensure practice adheres to BACP Ethical Framework for the Counselling Professions.
- To attend clinical meetings and in-service training as available.
- To take personal responsibility for your continuing personal and professional development and maintenance of relevant professional accreditation.
- To adhere to SEFF's Core Values and Code of Behaviours.

The successful candidate will be required to undergo an Enhanced Disclosure check via the Access NI Service before commencement of employment

Sessional Counsellor	Essential	Desirable
➤ Professional qualification in counselling or psychotherapy (minimum Level 5) from a recognised or a relevant validating organisation which includes a supervised practice element.	X	
➤ Accredited (or working toward completion, to be accredited no later than one year after start date) with BACP, IACP or NCPS (Professionally accredited).	X	
➤ Registered member with BACP, IACP, NCPS or equivalent professional body.	X	
➤ Additional trauma training such as Trauma-focused CBT, EMDR, etc.	X	
Experience		

<ul style="list-style-type: none"> ➤ Minimum of 300 hours supervised practice with a minimum of 1 year post qualification experience. ➤ Have an understanding of trauma and an awareness of issues impacting victims of the troubles in NI. ➤ Experience of working with troubles related trauma. ➤ Experience in working with statutory and voluntary agencies. 	X X X X	
Skills and Attitudes <ul style="list-style-type: none"> ➤ Committed to working safely and ethically within your relevant Competency Frameworks and Standards in counselling. ➤ Evidence of ability to plan, manage and monitor workload. Evidence of ability to work with risk and safeguarding issues. ➤ Ability to maintain strict confidentiality and appropriate boundaries. ➤ Competence in the use of Microsoft Packages. ➤ Experience of using psychometric monitoring tools, such as CoreNet, in counselling provision and experience in using online database/CRM in a counselling setting. ➤ Ability to build good working relationships with individuals and organisations. ➤ Committed to SEFF equality and diversity policy. 	X X X X X X	X
Other <ul style="list-style-type: none"> ➤ Recognised training (80 hours minimum) in telephone and/or online counselling. ➤ Clinical supervision as required by professional body ➤ Provide evidence of professional insurance to cover public liability, professional indemnity, products and any other relevant cover not less than a value £5 million for any one claim. 	 X X	X